

APPENDIX 1 Protocol for responding to women reporting SI

RESPOND SELF-HARM ACTION PRO FORMA

Risk of self-harm is defined as a score of 2 or 3 in the relation to question 10 on the EPDS or the outcome of the suicide intent questions on the CIS-R is one of the following:

- a) CIS-R SUICIDE INTENT: Patient feels life isn't worth living
- b) CIS-R SUICIDE INTENT: Patient has had suicidal thoughts
- c) CIS-R SUICIDE INTENT: Patient has had suicidal plans

If at any point during the study period risk of self-harm has been expressed by a woman either in postal, telephone or face-to-face interview then the following action must be taken and recorded by the researcher:

