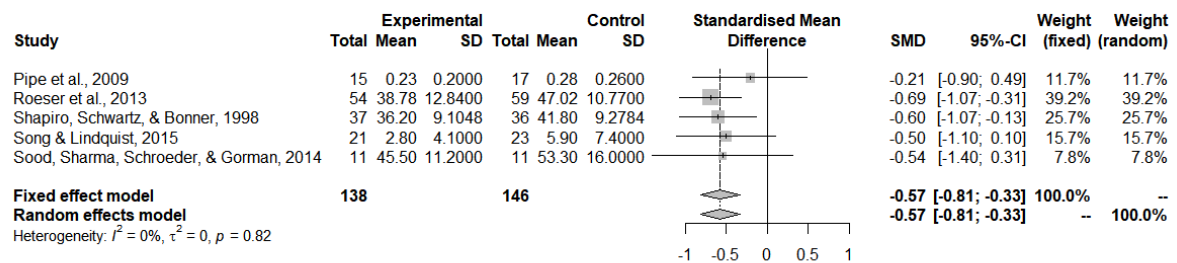
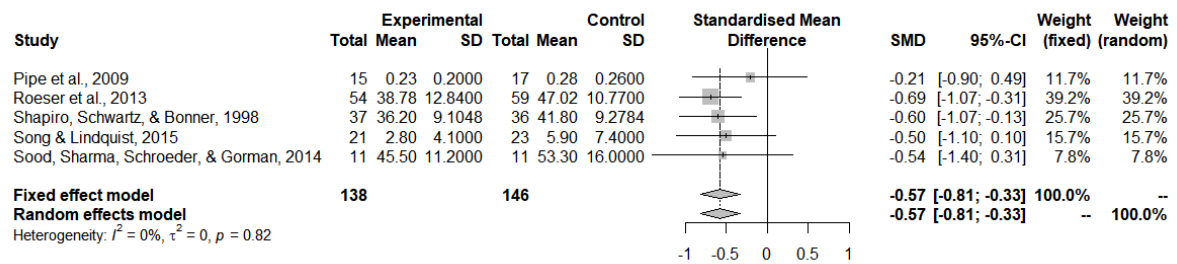
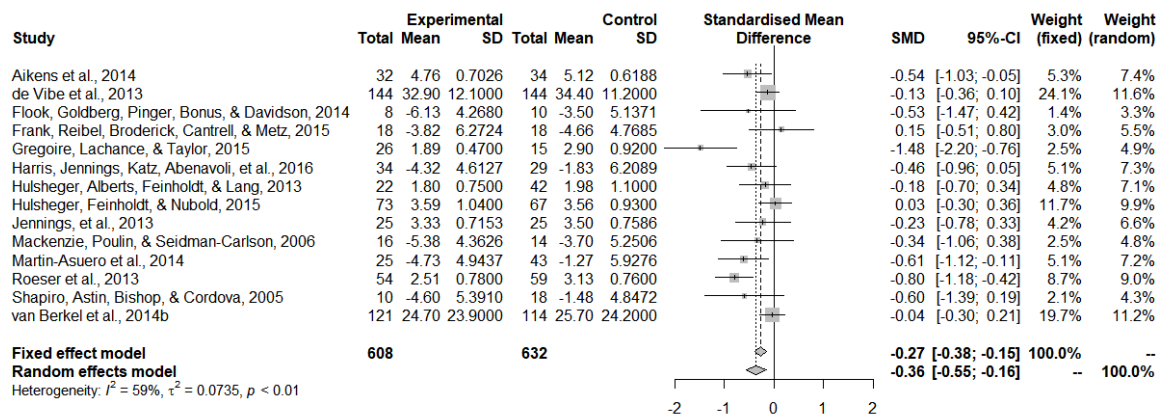


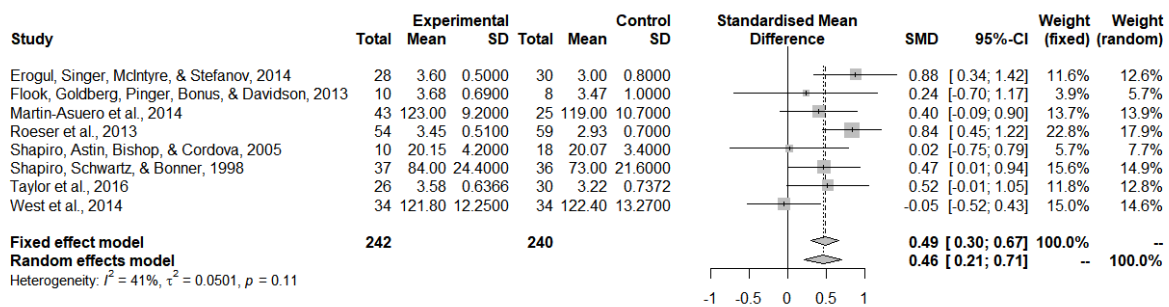
## Supplementary files for Mindfulness-based interventions in the workplace: An inclusive meta-analysis of their impact upon wellbeing



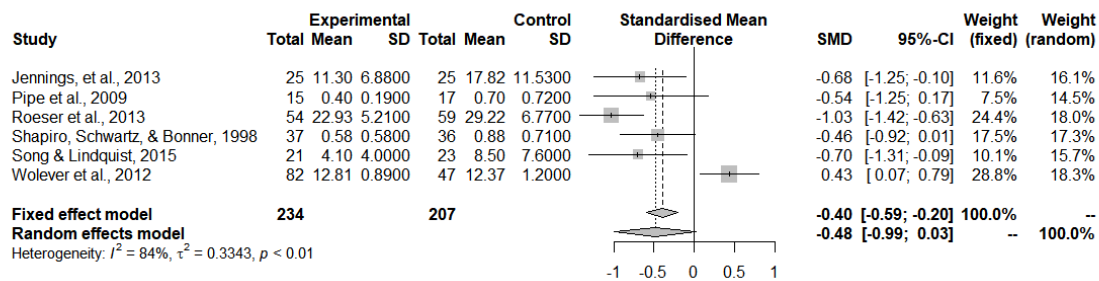
Supplementary figure 1 - Forest plot of anxiety outcomes



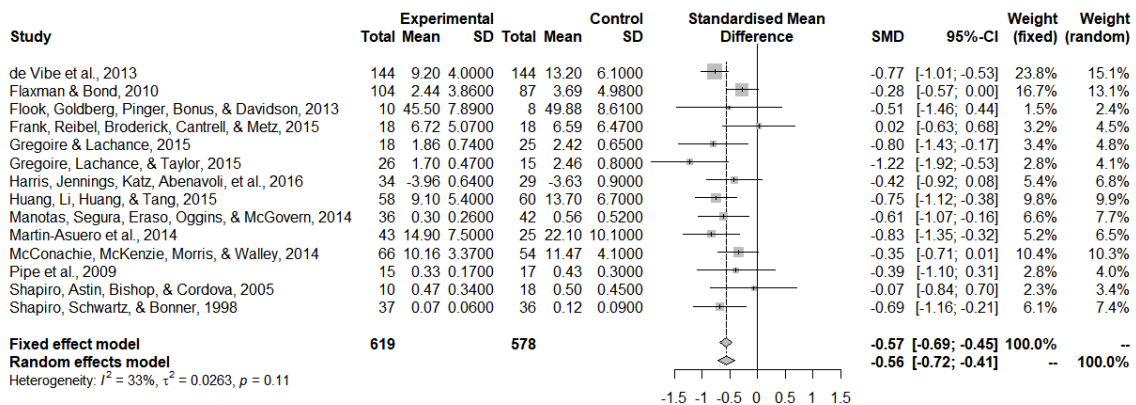
Supplementary figure 2 - Forest plot of burnout outcomes



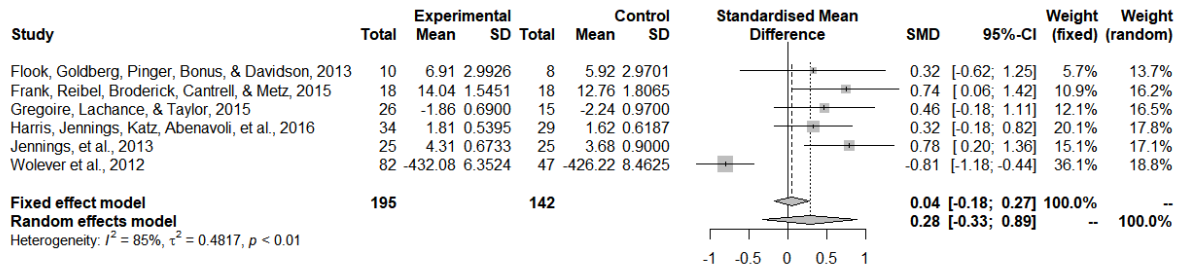
Supplementary figure 3 - Forest plot of compassion outcomes



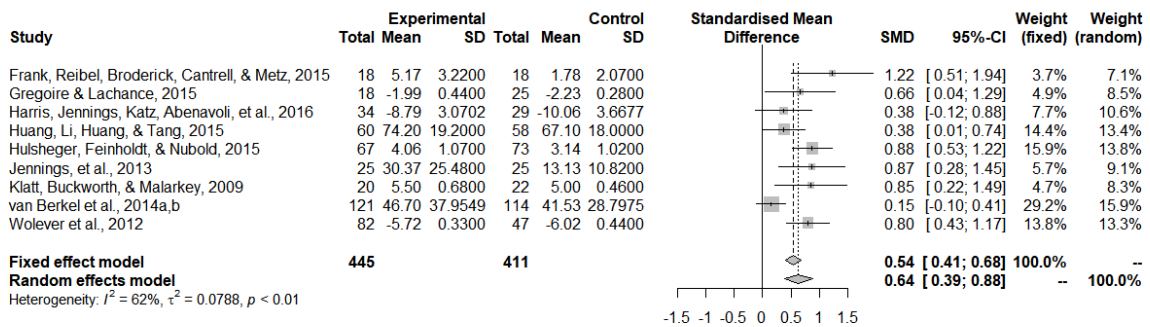
Supplementary figure 4 - Forest plot of depression outcomes



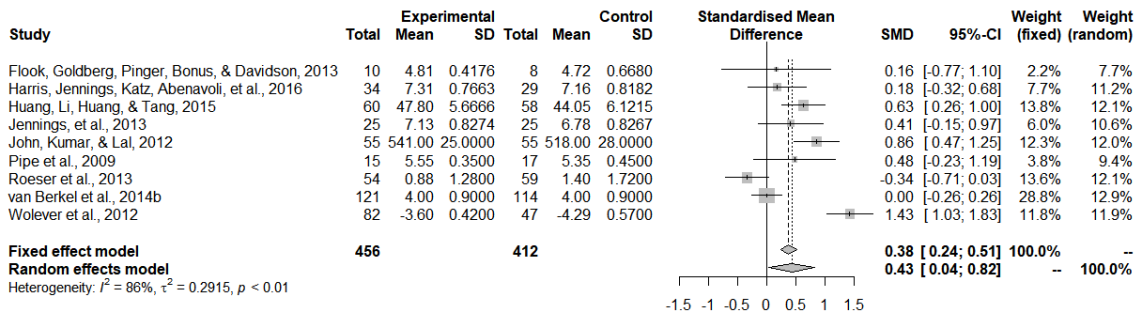
Supplementary figure 5 - Forest plot of distress outcomes



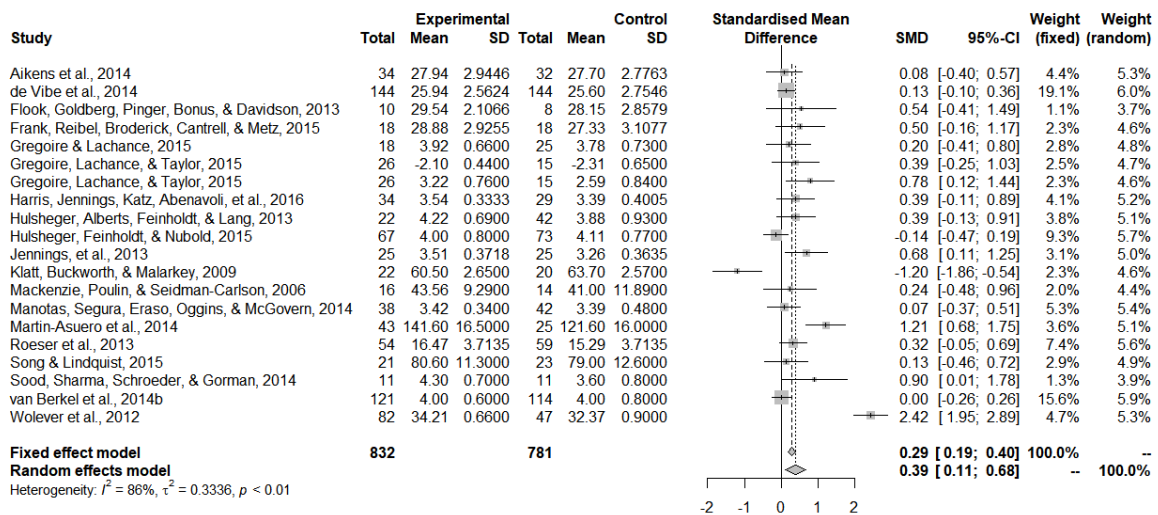
Supplementary figure 6 - Forest plot of emotional regulation outcomes



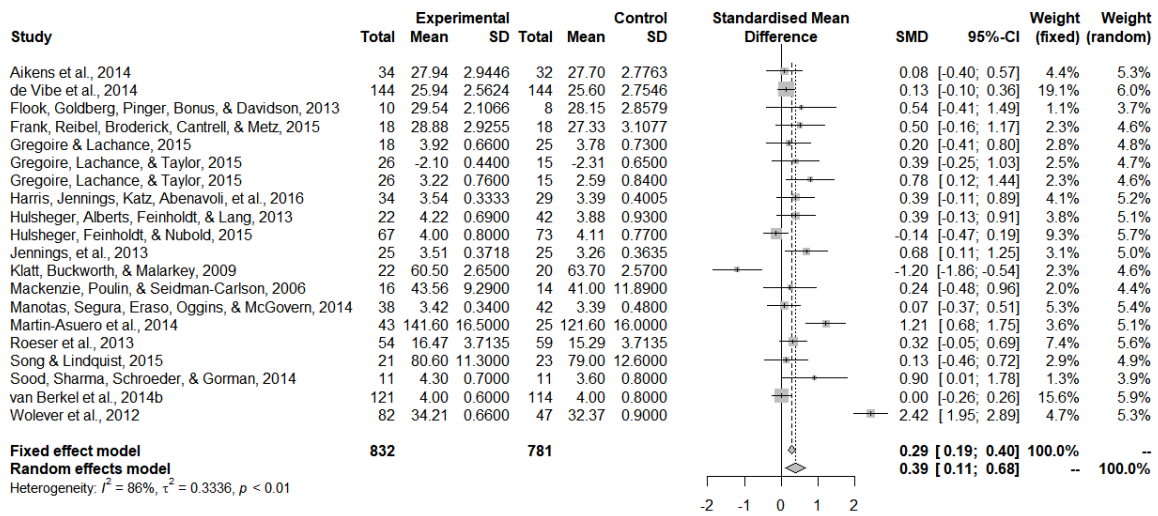
Supplementary figure 7 - Forest plot of health outcomes



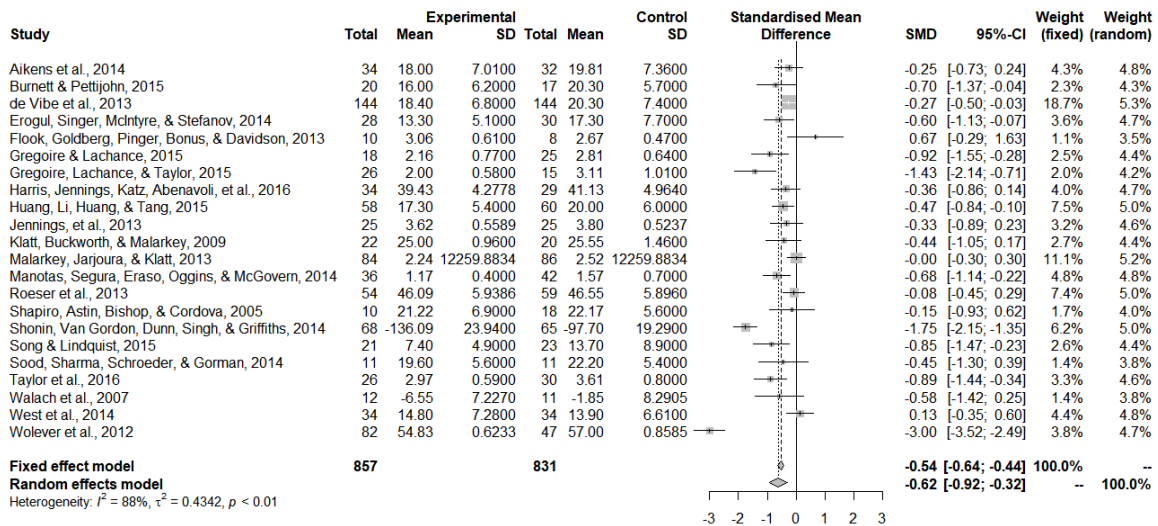
Supplementary figure 8 - Forest plot of job performance outcomes



Supplementary figure 9 - Forest plot of mindfulness outcomes



Supplementary figure 10 - Forest plot of positive wellbeing outcomes



Supplementary figure 11 - Forest plot of stress outcomes