

27 **Abstract**

28 This article presents a structured and comprehensive review of the existing literature on
29 physical, chemical, microstructure, and durability properties of recycled aggregate
30 concrete (RAC). The engineering properties of concrete made from such recycled
31 aggregates are critically analyzed by focusing mainly on the fresh and hardened states
32 along with several characterization techniques such as SEM, EDX, XRD, FTIR and TG-
33 DTA. Also, creep and shrinkage, the microstructure and durability of recycled aggregate
34 concrete (RAC) were studied and evaluated critically. In addition, improvement techniques
35 in its microstructure are also explored with efficient mixing approaches for the
36 development of geopolymer recycled aggregate concrete. Furthermore, techniques to
37 enhance the mechanical characteristics and long-term performance of recycled aggregate
38 are distilled and divided into three categories: (1) lowering the porosity of recycled
39 aggregate, (2) lowering the layer of old mortar on the surface of recycled aggregate, and
40 (3) enhancing the property without changing the recycled aggregate. It is evident from the
41 thorough examination that recycled aggregates can be used in concrete up to a certain
42 amount. For the creation of sustainable and high-performance concrete, it is also necessary
43 to incorporate mineral admixtures of micron, sub-micron, and nano size to address the
44 drawbacks of recycled aggregates.

45 **Keywords:** Construction, demolition, recycled materials, concrete structures,
46 microstructure, durability, sustainability.

47 **Highlights**

- 48 1. Detailed discussion is made by addition of mineral admixture, modified mixing
49 approach and alkali activators for the improvement of RAC.
- 50 2. Detailed microstructure studies on RAC is studied and represented through several
51 characterization techniques such as SEM, EDX, XRD, FTIR and TG-DTA.
- 52 3. Identification and establishment of different trends based on engineering properties
53 and long-term performance of RAC.
- 54 4. Latest developments on RAC is included alongside the impact of carbon di-oxide
55 curing, sea sand and sea water developed RAC and fiber reinforcement techniques etc.

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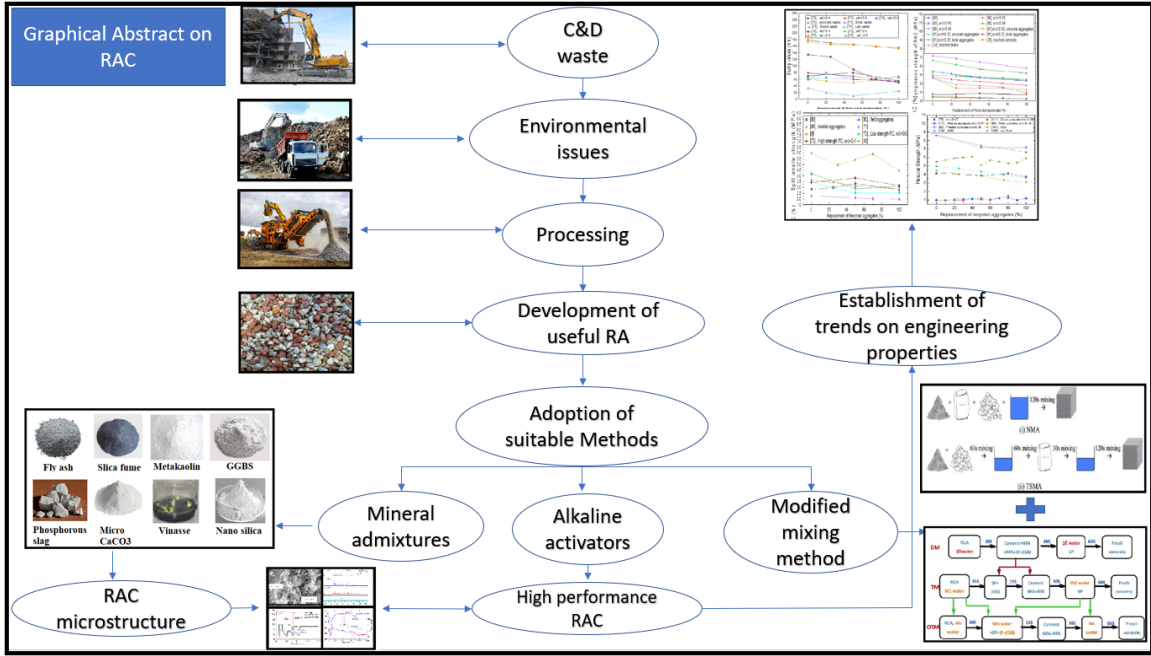
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73 **GRAPHICAL ABSTRACT**



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LIST OF ABBREVIATIONS

RAC-Recycled Aggregate concrete	NCA- Natural coarse aggregate
RA- Recycled Aggregate	NAC- Natural aggregate concrete
FRA- Fine recycled aggregate	FA- Fly Ash
RCA- Recycled concrete aggregate	SF- Silica fume
RBA- Recycled brick aggregate	MK- Metakaolin
NSC- Normal strength concrete	PHS- Phosphorous slag
HSC- High strength concrete	PC- Parent concrete
GGBS- Ground granulated blast furnace slag	MSA- Mean size of aggregate
C&D – Construction and demolition	ITZ- Interfacial transition zone
MSW- Municipal solid waste	
RFA- Recycled fine aggregate	
NMA- Normal mixing approach	
TSMA- Two stage mixing approach	
GRAC- Geopolymer Recycled Aggregate concrete	
OPC-RAC – Ordinary Portland cement recycled aggregate concrete	
C-S-H – Calcium silicate hydrate	

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90 **1. Introduction**

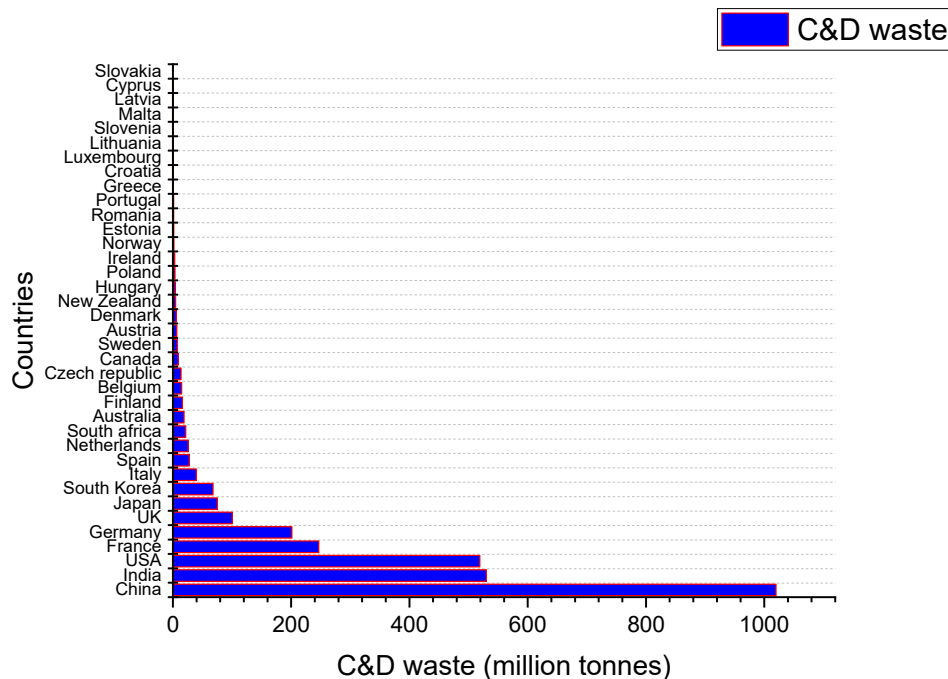
91 The debris developed during the reformation, constructional activities and the demolition
92 practices of various structural elements and pavements gives rise to the construction and
93 demolition (C&D) wastes (Wu et al., 2014). The demolition waste is made up of building
94 materials like wall coverings, paint, paper, aggregate, wood, concrete, fasteners, and
95 adhesives, whereas construction waste is a heterogeneous building material that comes
96 from the construction activities with potential sources at design, procurement, handling,
97 operation, and residual sources (Devi et al., 2020). The parts of C&D remnants are often
98 divided into two groups: major and minor. The latter incorporates tiles, paints, glass,
99 electrical fixtures, and panels, while the former is made of plastic, stone, steel, bricks, and
100 wood (Jain, 2021). As per study conducted by technology information, forecasting and
101 assessment council (TIFAC), the contractors play a major role for the C&D waste
102 management. Both major and minor categories of materials that are salvaged during
103 demolition are sold on the market at a reduced price compared to the cost of new materials,
104 and those that cannot be reused are disposed of in landfills. While some municipal
105 corporations strive to minimise C&D debris to extend the useful life of dump sites, while
106 others admit it in their landfills (TIFAC 2000).

107 Three billion tonnes of waste are produced annually by the quick construction and
108 demolition operations around the world, and this amount is only increasing (Akhtar &
109 Sarmah, 2018). The majority of C&D waste is non-hazardous and inert, but it may also
110 contain materials that are harmful to the environment, such as asbestos, organic pollutants,
111 and heavy metals, particularly zinc (Duan & Li, 2016). Heavy metal leaching makes C&D
112 waste more likely to pollute land and water (Zheng et al., 2017). Another difficulty with
113 C&D waste is that it creates disposal issues, leading to the conversion of productive lands
114 into dump sites, which in turn raises the cost of dumping at landfills (Bravo et al., 2015;
115 Devi et al., 2020; Ma et al., 2020). In addition to these issues, C&D waste disposal causes
116 landslides (Zheng et al., 2017; Trivedi et al., 2020). The need to recycle C&D waste on a
117 wide scale is essential due to environmental concerns (Bui et al., 2017). It is stated that
118 recycling C&D waste helps reduce the need for new resources, preserve land for future
119 urbanization, protect the environment and ecology, reduce the costs associated with
120 transportation and energy production, and prevent waste from ending up in landfills (Yuan
121 & Shen, 2011).

122 The ecological footprint left by the building industry can be reduced by using C&D debris
123 in place of natural aggregates (Silva et al., 2015). According to a study (Bui et al., 2017),
124 this substitution can help save up to 60% of natural aggregates. Additionally, recycled
125 aggregates (RA) minimise carbon dioxide emissions by 28% when compared to natural
126 aggregates (Tam et al., 2018). Reusing C&D waste can assist the construction sector meet
127 its rising need for aggregate due to a lack of natural resources (Kong et al., 2010). The
128 C&D waste produced around the world is depicted in Figure 1 below (Aleksanin, 2019;
129 Bester et al., 2000; Elchalakani & Elgaali, 2012; Environment and Climate Change Canada,
130 2000; Environmental Protection Agency., 2020; Huang et al., 2018; Jain et al., 2020;
131 Kartam et al., 2004; Kim, 2021; López de Munain et al., 2021; Mah et al., 2016; Menegaki
132 & Damigos, 2018; Nunes & Mahler, 2020; Ulubeyli et al., 2017; Villoria Sáez & Osmani,
133 2019; Zhao et al., 2021). It can be observed that China and India generate most of the C&D
134 waste worldwide followed by the USA. On the contrary, most of the European nations are
135 generating least number of C&D wastes except France, and Germany and the UK with
136 African countries generating a moderate number of C&D debris (Trivedi et al., 2023).
137 According to the Central Pollution Control Board (CPCB), India produces an estimated
138 23.75 MT of C&D debris annually and that number is anticipated to double (CPCB, 2017).
139 The Building Materials and Technology Promotion Council (BMTPC) has acknowledged
140 that a shortage of traditional construction resources exists in India because the necessity
141 for building materials for the years 2021–22 is expected to be close to 380 MT for cement
142 and roughly 400 MT for aggregates. (BMTPC, 2018).
143 Due to the considerable volume of C&D waste generated worldwide, managing the waste
144 has become a serious issue (Yuan & Shen, 2011). Every continent has its own methods for
145 managing C&D residues; as an example, in Europe, there are strategies in place for
146 managing site waste, items that can be recycled, and debris generated during building
147 deconstruction is sorted and processed. When it comes to recycling C&D waste, mobile
148 crushers and plasma membrane systems are potential equipment in some southern Asian
149 regions (Hoang et al., 2020), while landfills and recycling are the current C&D
150 waste supervision practises in Vietnam (Lockrey et al., 2016). Quality assurance schemes
151 are currently in use (Gálvez-Martos et al., 2018); the circular economy technique,
152 incentives, and market are present in the USA (Aslam et al. The 3R (reduce, reuse/recycle,
153 and discard) strategy is used in Canada to handle C&D waste. (Yeheyis et al., 2013), the

154 Australian government is also promoting C&D debris management with emphasis on the
 155 3R principle and circular economy (Zhao et al., 2021). Following the processing of the
 156 C&D waste, recycled aggregates are obtained. This could be abandoned asphalt pavement,
 157 tiles, brick masonry, or rejected concrete. Such type of concrete is known as recycled
 158 aggregate concrete (Trivedi et al., 2023; Verian et al., 2018). According to Safiuddin et al.
 159 (2013), the use of recycled aggregates from multiple sources helps preserve naturally
 160 occurring resources, a healthy ecology by lowering carbon dioxide emissions, and the issue
 161 of waste disposal all at once. In addition, this may lower down the soil and water table
 162 pollution that is prevalent due to huge pile ups of C&D debris.

163 This review is prepared using a thorough analysis of the literature that focuses on the
 164 microstructure of RAC, its characteristics, and its application potential. In addition, several
 165 research articles based on the newest advancements in RAC technology and the use of
 166 recycled aggregates as structural reinforcement in concrete have been gathered. The
 167 compilation effort assisted in determining the general cap for the incorporation of such
 168 recycled aggregates from the C&D sector in concrete for satisfying the regulations for
 169 sustainable design while maintaining the practicality of concrete, so encouraging the
 170 conservation of natural resources.



171

172 **Figure 1** C&D waste statistics (Aleksanin, 2019; Bester et al., 2000; Elchalakani &
173 Elgaali, 2012; Environment and Climate Change Canada, 2000; Environmental
174 Protection Agency., 2020; Huang et al., 2018; Jain et al., 2020; Kartam et al., 2004; Kim,
175 2021; López de Munain et al., 2021; Mah et al., 2016; Menegaki & Damigos, 2018;
176 Nunes & Mahler, 2020; Ulubeyli et al., 2017; Villoria Sáez & Osmani, 2019; Zhao et al.,
177 2021)

178 **2. Research implication and novelty**

179 This state-of-the-art review gives information to the aggregate manufacturers, concrete
180 producers, contractors, practitioners, and researchers about the effective management of
181 C&D waste for their sustainable incorporation in concrete applications through adoption
182 of latest developments such as modified mix design, carbon curing and various fiber
183 reinforcement techniques. For a comprehensive understanding on RA and RAC, a detailed
184 review is done combining all the vital researches from 2000-2024, alongside latest trends
185 have been established based on addition of fillers, mineral admixture etc. Furthermore, the
186 microstructural characterisation techniques have been thoroughly covered based on the
187 adoption of novel technologies such as of biomineralization, nano SCMs, pressurised
188 carbonation, vinasse and graphene oxide induced RAC mixes. Additionally, this work
189 demonstrates that challenges in determining and characterising an appropriate type and
190 amount of binder fractions and suitable mixing techniques that can potentially be engulfed
191 in the sustainable production of RAC. Furthermore, this investigation validates the
192 effectiveness of incorporating diverse size additives that are blended appropriately to
193 eliminate the permeable pores, that in turn significantly improves the quality of RA,
194 making it suitable to adopt in concrete applications.

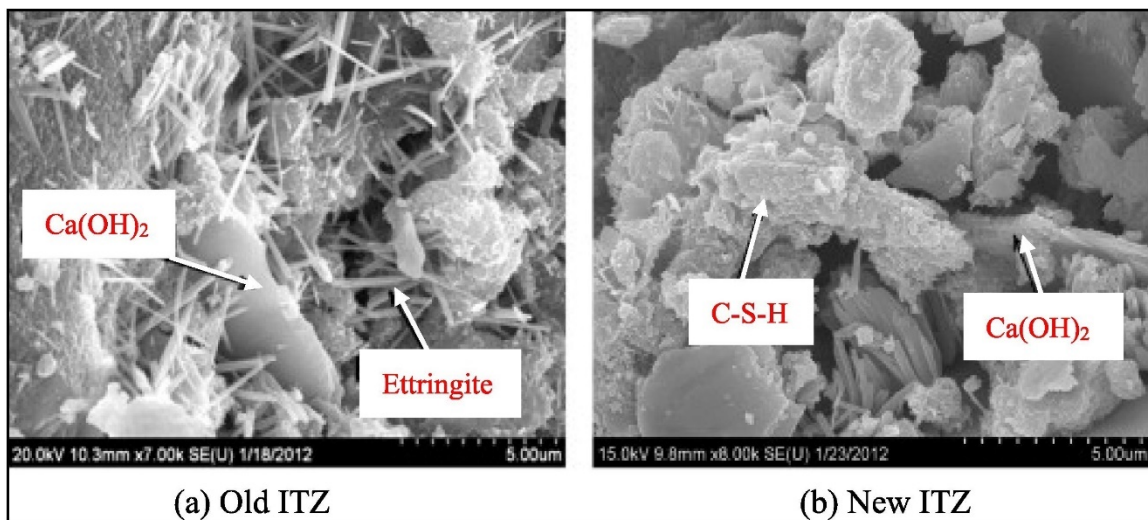
195 **3. Microstructure of recycled aggregate concrete (RAC)**

196 **3.1 Surface Morphology**

197 The microstructure of RAC encompasses of two interfacial transition zone, older and newer
198 ITZ (Kong et al., 2010; Li et al., 2012; Tam et al., 2005; Wang et al., 2020) .The density
199 of ITZ in RAC is inferior as compared to NAC (Rao et al., 2019). The thickness of ITZ can
200 range from 5 μm to over 80 μm depending on the moisture content of the RA (Adessina et
201 al., 2019; Evangelista & Guedes, 2019; Xiao et al., 2013). A study observed that a lower
202 water content RA results in an effective ITZ (Evangelista & Guedes, 2019). Figure 2
203 illustrates the SEM image of a typical RAC specimen (Wang et al., 2020) . It can be

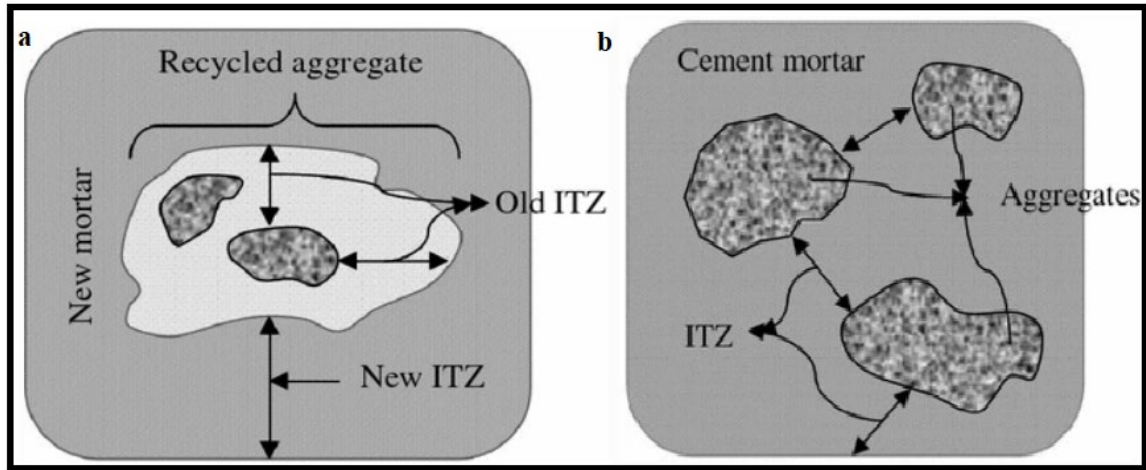
204 observed that the ITZ system of RAC comprise of $\text{Ca}(\text{OH})_2$, other hydration products
205 (namely C-S-H gel and ettringite), porosity and unhydrated cement particles. From Figure
206 3 it can be observed that compared to control concrete, RAC has more interfaces (Rao et
207 al., 2019) . The interface between the original aggregate and the adhered mortar is referred
208 to as the "old ITZ," while the interface between the attached mortar and the "new mortar
209 matrix" is referred to as the "new ITZ."

210 The ITZ of RA has multiple pores, as observed in Figure 4 (Tam et al., 2009) . This
211 aggregate is prone to significant water absorption because the pores are mostly distributed
212 and formed in the layers of cement pastes close to the aggregate surface. From Figure 5 it
213 can be observed that two stage mixing approach (TSMA) fills up the gaps and fissures of
214 the old paste matrix adhering to the RA, coated it with cement paste, creating a stronger
215 new ITZ (Li et al., 2012) . Figure 6 (a-d) illustrates a few bubbles of trapped air alongside
216 a dense cement matrix in the area. The interfacial transition zone (ITZ) is where the cracks
217 are inclined to develop that is leading to the failure of cement paste-aggregate bonding
218 whereas Figure 7 (a-d) shows the propagation of primary as well as secondary fissures,
219 with majority of cracks formation at the ITZ between cement matrix and aggregates
220 (Thomas et al., 2020). Figure 8 (a-d) shows a similar density of cementitious matrix as
221 observed in previous two cases with the only difference in the fissure size whereas figure
222 9 (a-d) illustrates the occurrence of primary fissure at ITZ and secondary fissure through
223 cement paste (Thomas et al., 2020) .

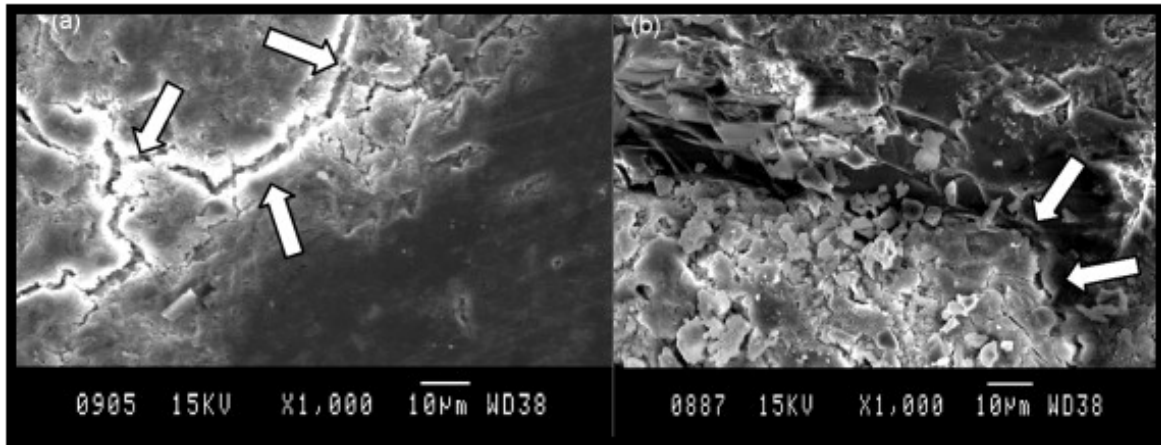


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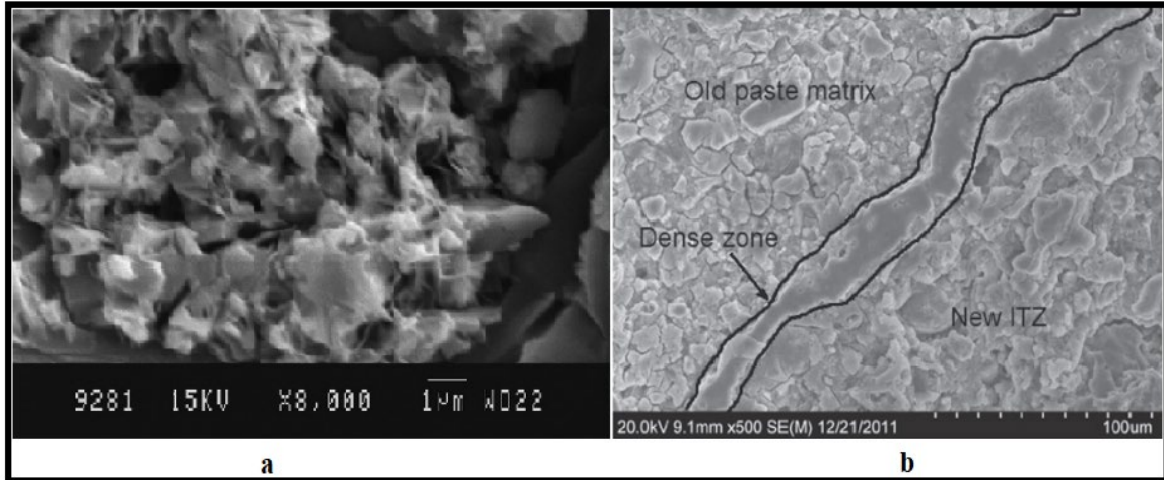
227 **Figure 2(a-b).** SEM images of ITZs in RAC (Wang et al., 2020) (a) Old ITZ (b) New
 228 ITZ
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 232 **Figure 3(a-b).** Images of ITZs (Rao et al., 2019) (a) In RAC (b) In Normal aggregate
 233 concrete
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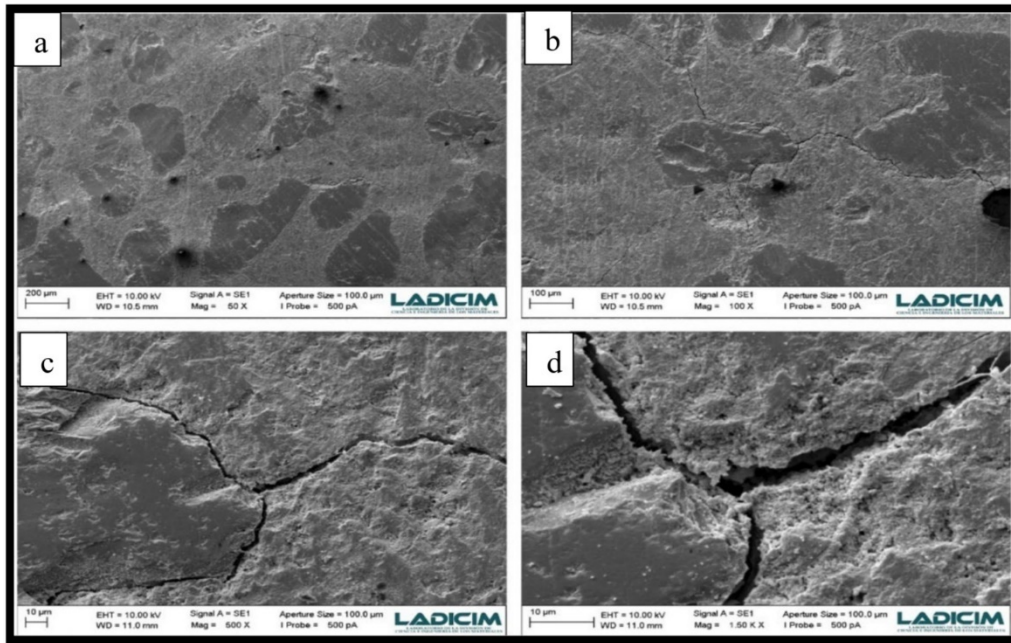


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 237 **Figure 4(a-b).** Cracks in the mortar remains on surface of RA (a) Old ITZ (b) New ITZ
 238 (Tam et al., 2009)
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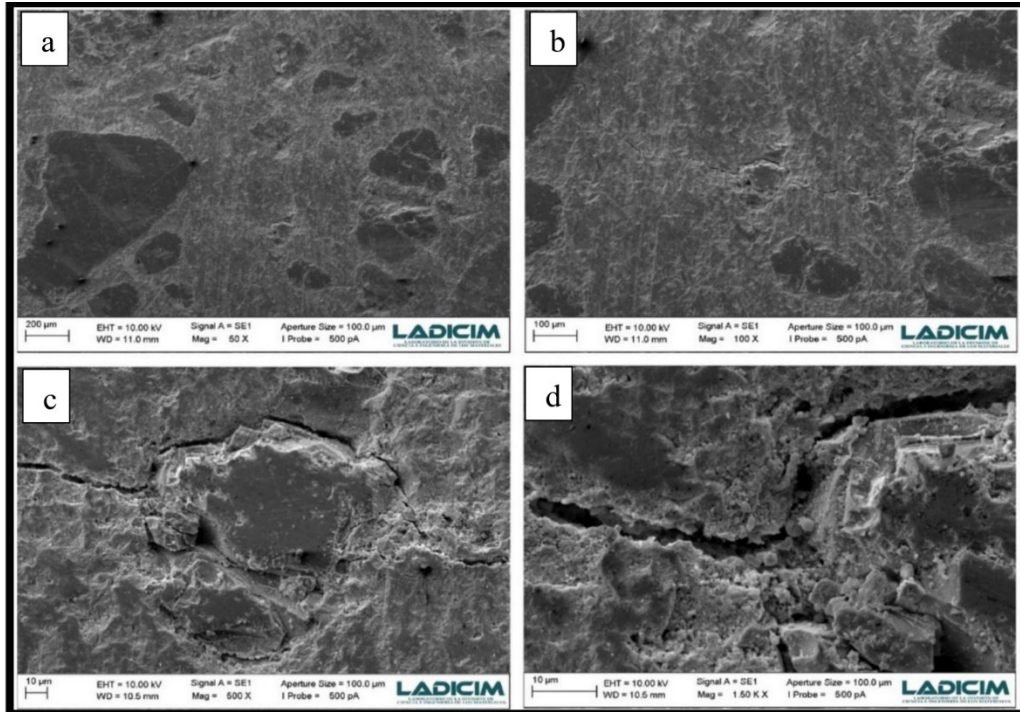
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Figure 5 (a-b). SEM images of ITZs in RAC (a) C-S-H post TSMA (Tam et al., 2009);
(b) High density (Li et al., 2012)



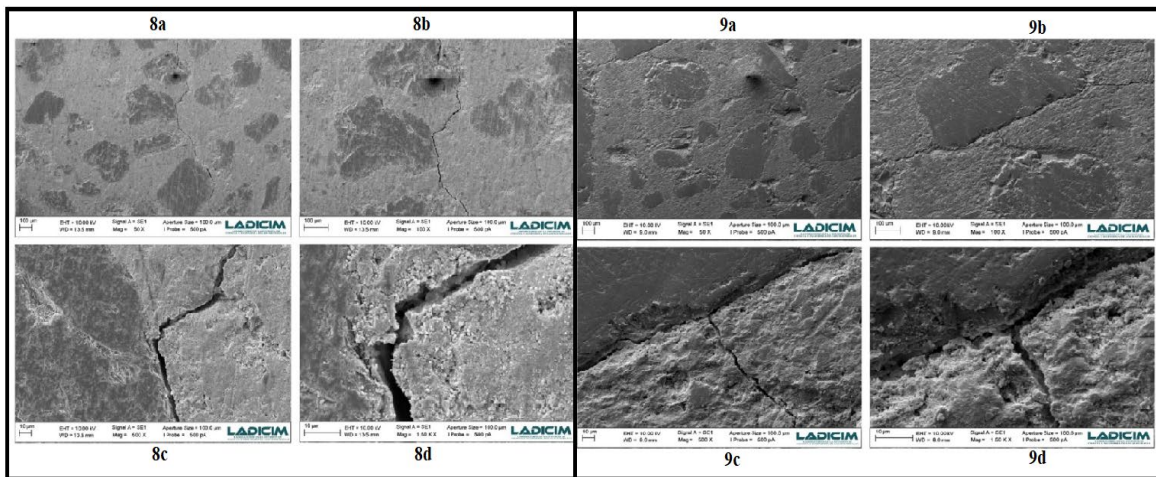
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Figure 6 (a-d). SEM images at aggregate-cement interface with no recycling (a) 50x,
(b)100x, (c)500x, (d)1500x (Thomas et al., 2020)



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Figure 7 (a-d). Aggregate-cement interface post recycling (a) 50x, (b)100x, (c)500x, (d)1500x (Thomas et al., 2020)



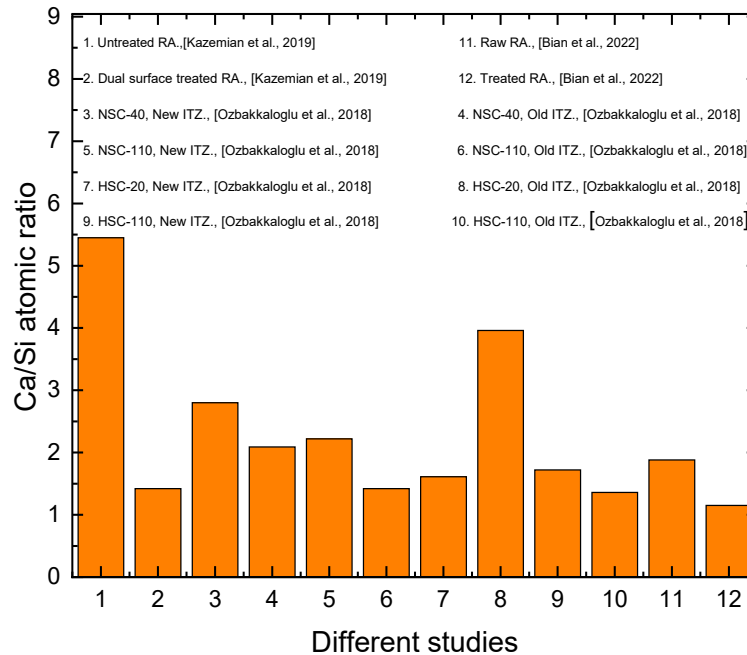
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Figure 8 (a-d). SEM at aggregate-cement interface post second recycling, **9 (a-d).** Aggregate-cement interface post third recycling (a) 50x, (b)100x, (c)500x, (d)1500x (Thomas et al., 2020)

253 3.2 Surface elemental composition

254 This section represents a diverse elemental composition present in different RA or RAC
255 samples analysed through EDX patterns. According to reports, the Ca/Si ratio for dense
256 concrete often is lower than 2 (Goudar et al., 2019; Snehal et al., 2020). Figure 10 shows
257 that the atomic percentage of Ca/Si for various investigations as compared to the control

258 or untreated aggregate/concrete mix varies significantly. Among these studies, (Bian et al.,
 259 2022; Kazemian et al., 2019; Ozbakkaloglu et al., 2018) achieved Ca/Si ratio below 2. Such
 260 studies are representing the formation of favourable hydration products that further
 261 densified the microstructure.
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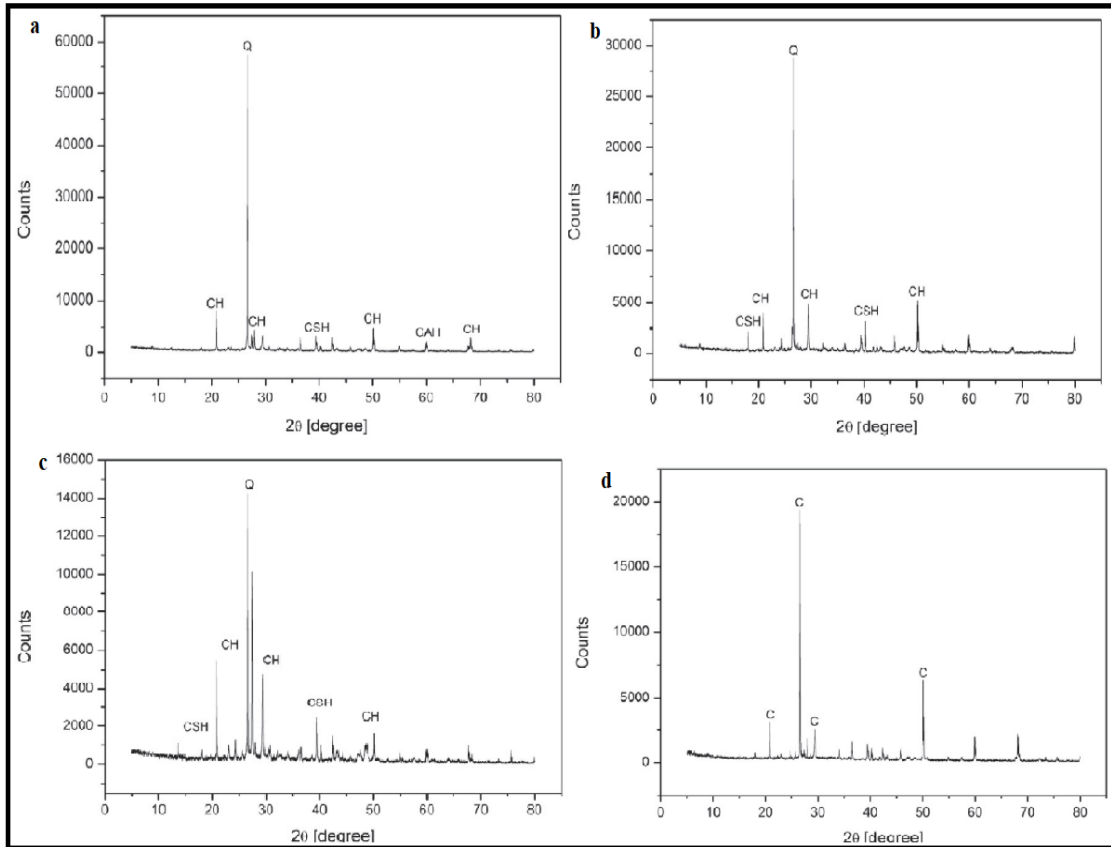
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 264 **Figure 10.** Ca/Si atomic ratio for RAC samples (Bian et al., 2022; Kazemian et al., 2019;
 265 Ozbakkaloglu et al., 2018)

266 3.2 Surface mineralogical composition

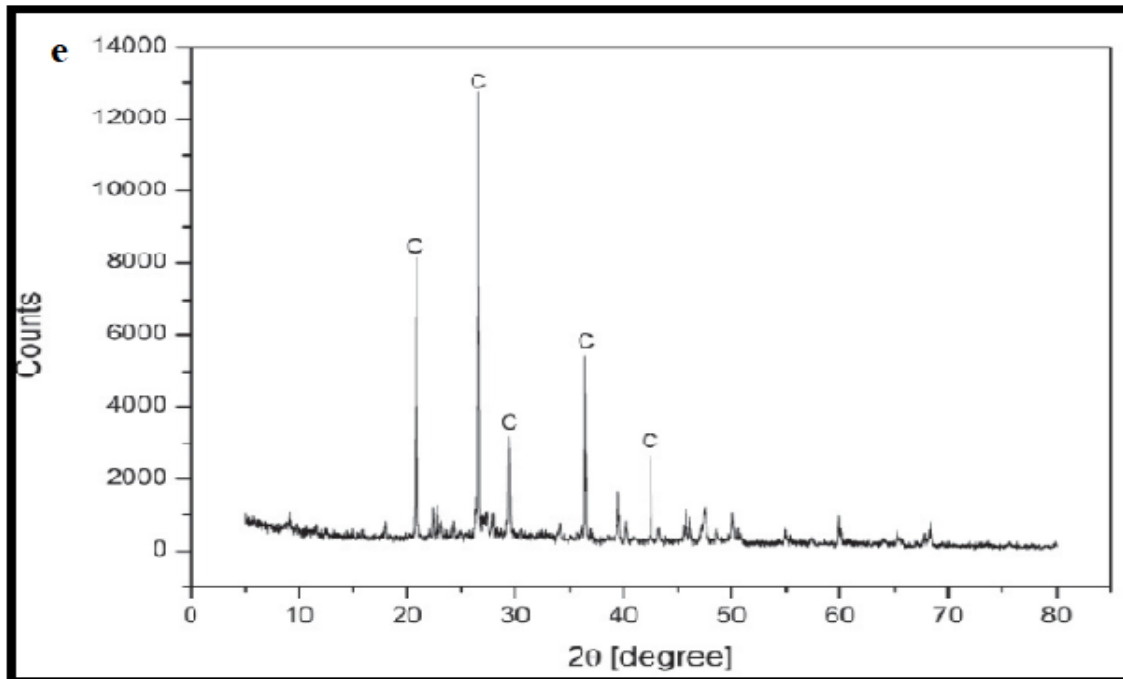
267 For brevity, X-ray diffraction (XRD) pattern of biomineralized RAC mix by (Rais & Khan,
 268 2021) is presented in Figure 11.

269 Figure 11 shows the XRD analysis of bacteria incorporated RAC mix that
 270 further demonstrates the peaks of the calcite crystals. In the XRD patterns of the RAC and
 271 control concrete, the peaks of CSH and CH crystals are evident. (Rais & Khan, 2021).

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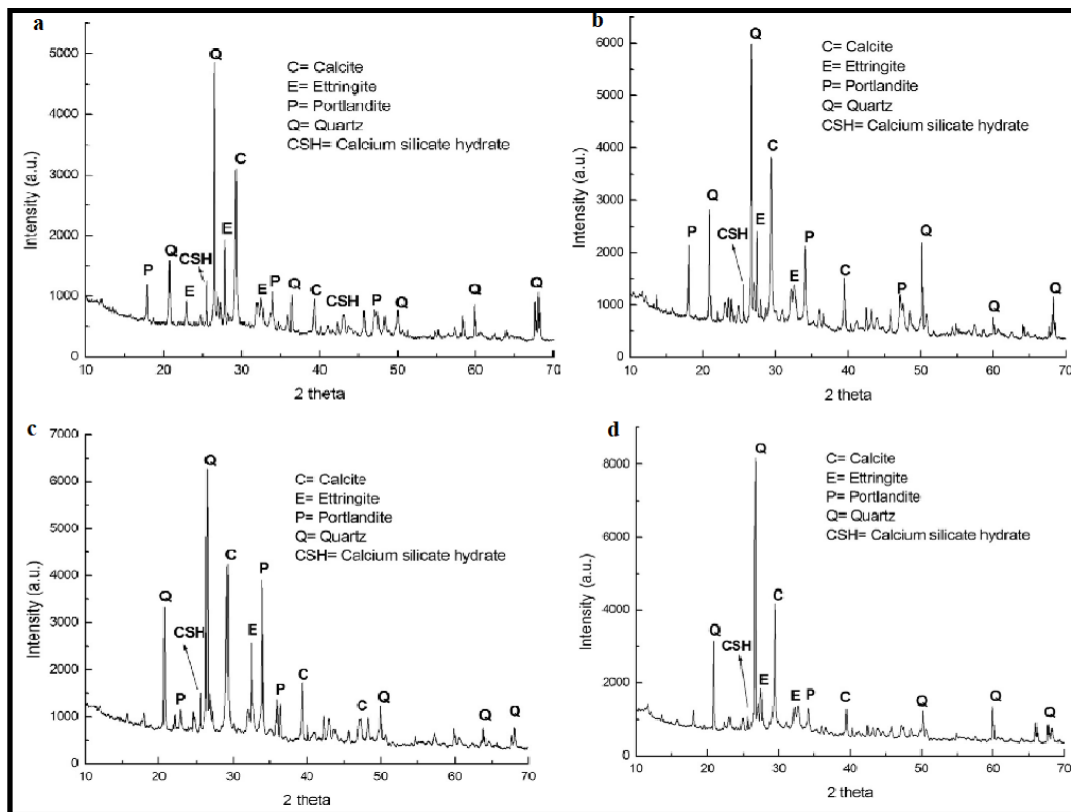


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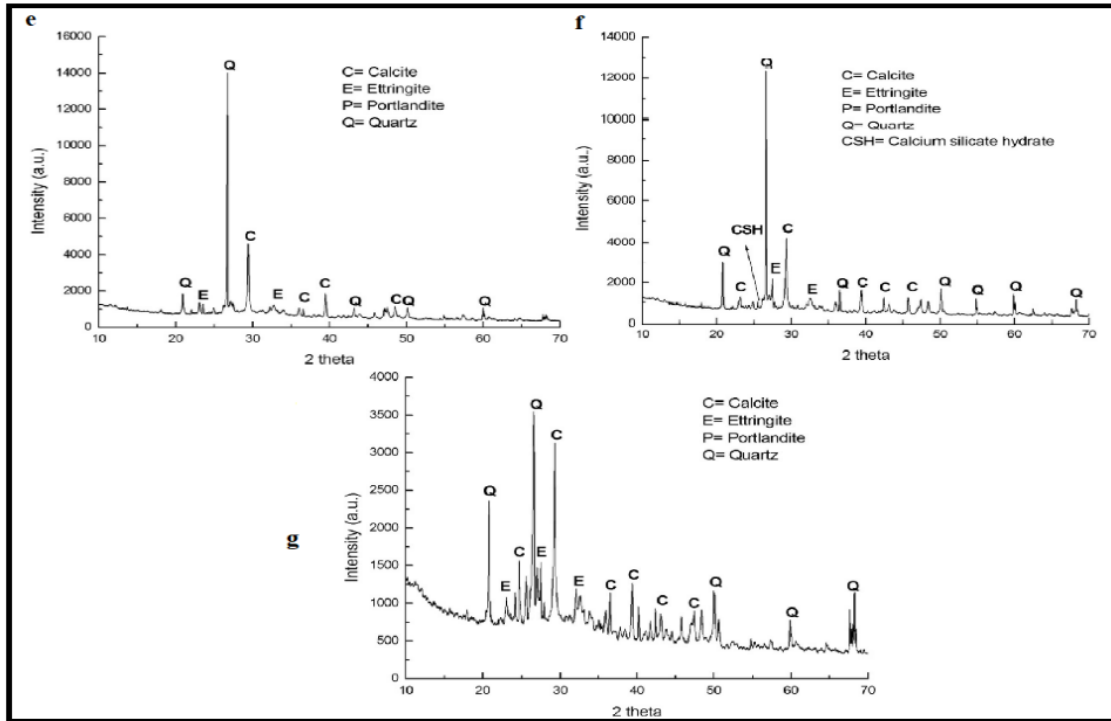
278 **Figure 11.** XRD pattern of (a) control RAC (b) RAC50 (c) RAC100 (d) Bacterial RAC50
 279 (e) Bacterial RAC100 (Rais & Khan, 2021)

280 CH-calcium hydroxide; CAH-calcium aluminate hydrate; C-calcite; CSH-
 281 calcium silicate hydrate

282 From the XRD peaks shown in Figure 12 (a-g), it can be detected that the durability of
 283 these mixes enhanced by the inclusion of GGBS by the rise occurring with the peaks of
 284 quartz and calcite (Majhi & Nayak, 2019) . The XRD peaks for the bacterial RAC and raw
 285 RA is presented in Figure13. From Figure 13 (a-b), it is evident that the additional calcite
 286 is getting formed owing to the bacterial activity in the bacteria incorporated RAC mix
 287 (Sahoo et al., 2016) . From Figure 14., it can be detected that the addition of nano silica
 288 results in the formation of C-S-H which further makes the microstructure dense and
 289 compact by getting into the pores of mortar fraction (Wang et al., 2019).

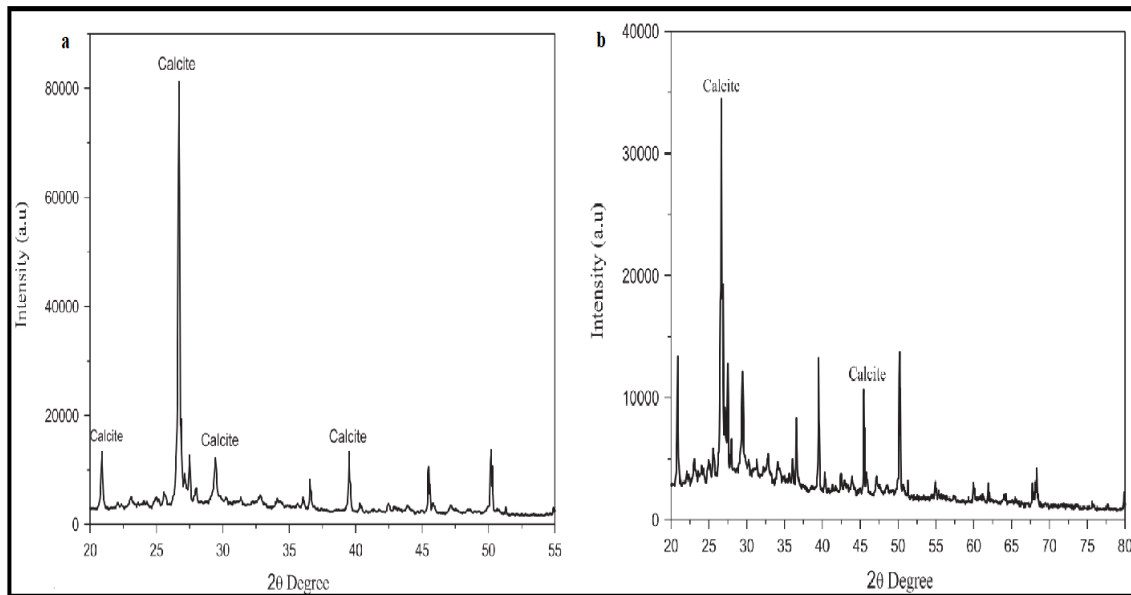


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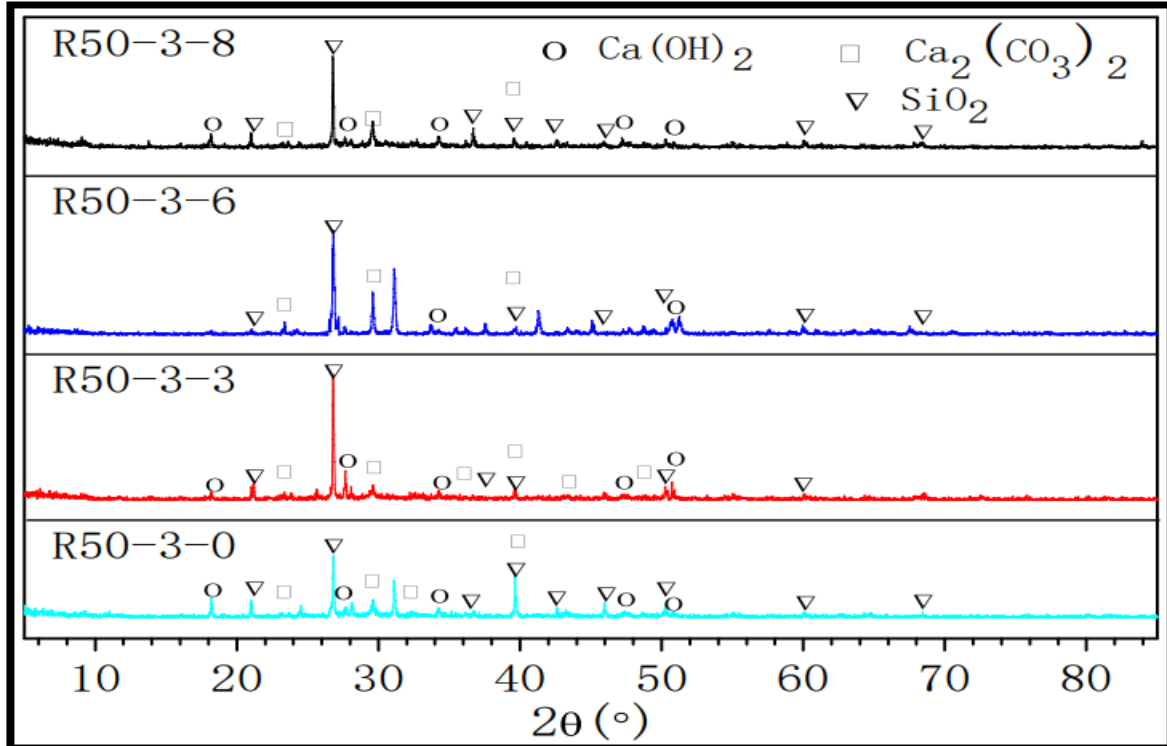
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Figure 12. XRD peaks of (a) RG0C0 (b) RG0C50 (c) RG0C100 (d) RG40C50 (e) RG60C50 (f) RG40C100 (g) RG60C100 (Majhi & Nayak, 2019).



294
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Figure 13. XRD peaks of (a) bacterial RAC and (b) raw RCA (Sahoo et al., 2016)



296

297 **Figure 14.** XRD pattern of RAC mixes blended with nano silica and basalt fibre (Wang
 298 et al., 2019)

299 Figure 15 shows that increasing percentage of MK, the peak intensity of portlandite
 300 (Ca(OH)_2) decreases owing to the reaction between active SiO_2 inside MK and Ca(OH)_2
 301 with pozzolana to form C-S-H (Liu et al., 2021).

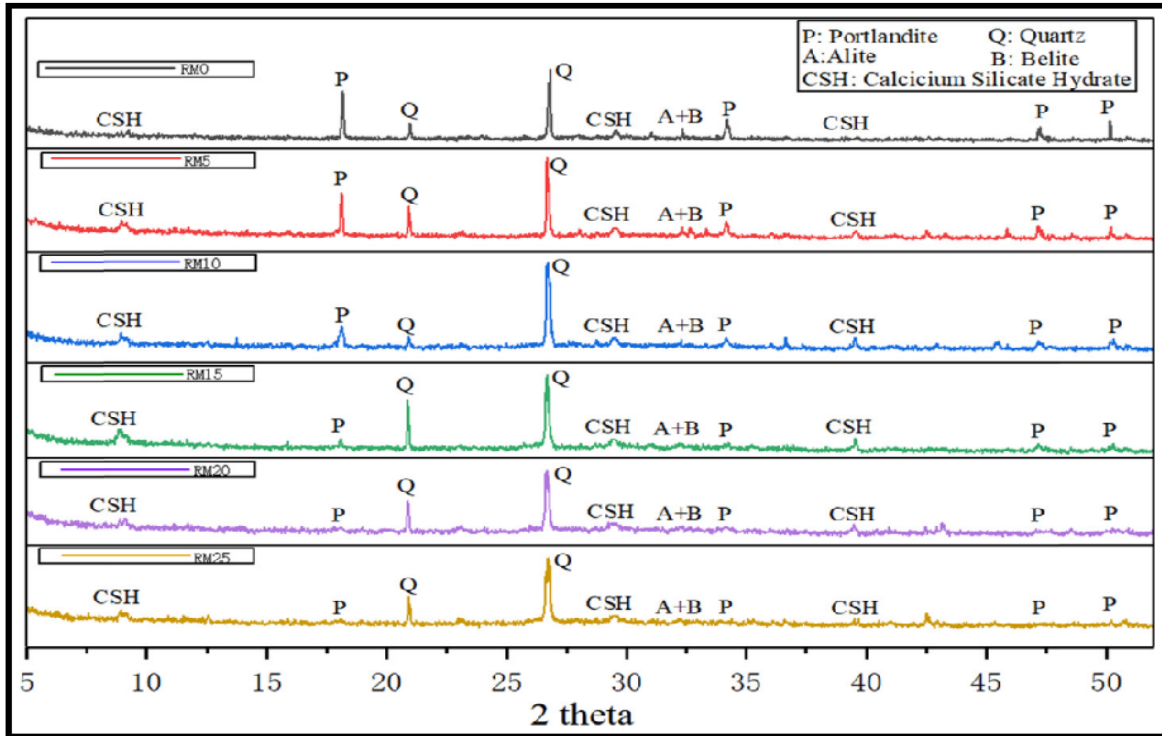


Figure 15. XRD pattern of RAC mixes blended with metakaolin (Liu et al., 2021)

Among these studies shown in Figures 11-15, the bacterial treatment to RA yields highest amount of C-S-H fractions. However, the GGBS incorporated RAC mixes reported an increase in the ettringite fractions in contrast to bacteria induced RAC mix.

3.3 FTIR characterization

When analysing cementitious materials like clinker or hydrated phases in the bulk or surfaces of concrete, Fourier-Transform Infrared (FTIR) spectroscopy shown a number of advantages (Horgnies et al., 2013; Patil et al., 2020; Sharath et al., 2023; Prasanna et al., 2023). Puertas et al. (2012) found the significant band of the distinctive C-S-H peaks shifts between 1100 and 900 cm^{-1} as shown in Table 1.

Figure 16 presents a secondary C-S-H, as shown by alterations in the Si-O-Si transmittance band at 750–800 cm^{-1} . The Si-O-Si transmittance bands were increased when recycled coarse aggregate with used Nano-silica (RCA-UNS) replaced 30% of the natural coarse aggregates (Shahbazpanahi et al., 2021). Figure 17 shows the formation of highly polymerized silica gel after both pressurised carbonation and liquid-solid carbonation (Liu et al., 2021). In Figure 18, the characteristic peaks are indicating that the calcite and CH were consumed by the reaction between the fine RCA and TA (Wang et al., 2020). The

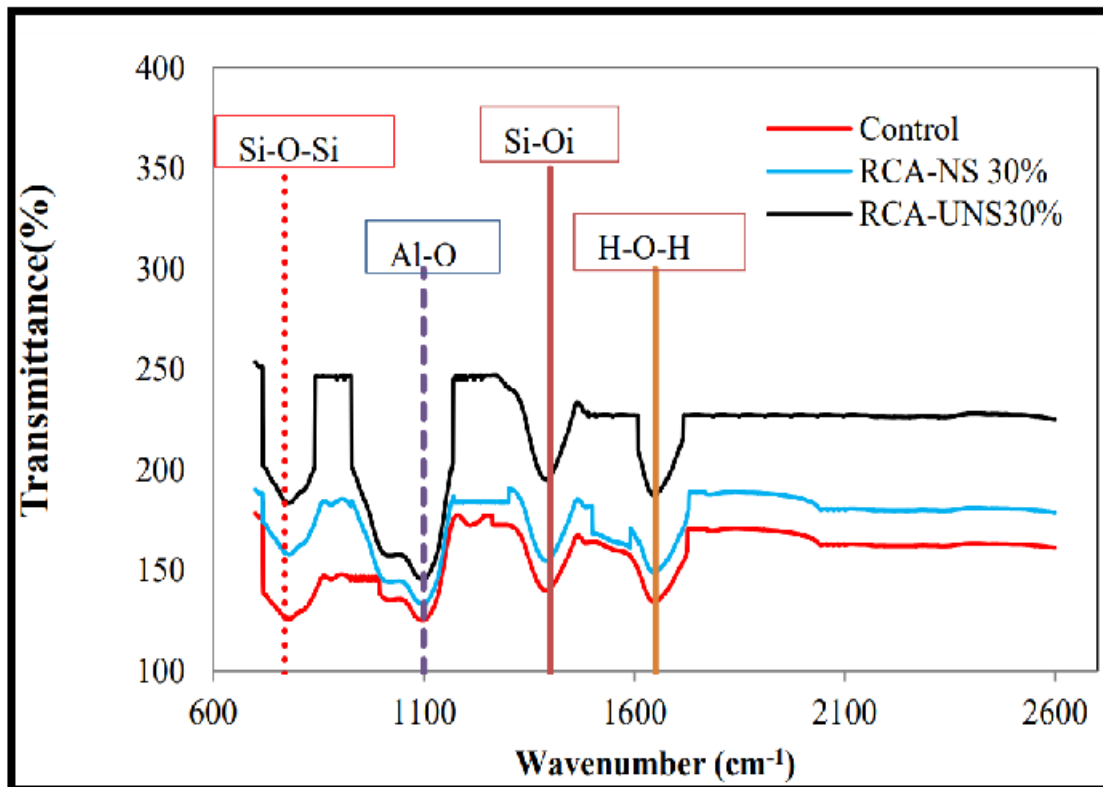
320 FTIR studies revealed that the structure of the vinasse-infused concrete (Figure 19) had not
321 undergone any chemical alterations (Tamashiro et al., 2022).

Table 1 Wavenumbers corresponding to various phases of concrete (FTIR) (Puertas et al., 2012)

Sl.no.	Clinker/hydrated phases	Al-O	O-H	O-H Capillary water	Si-O Asymmetric stretching	Si-O symmetric	Si-O (in plane)	Si-O (out of plane)	S-O [SO ₄] ²⁻	C-O [CO ₃] ²⁻	Ref
1	C ₃ S	-		-	938 _s , 883 _s , 812 _l	-	430 _s	522 _s	-	-	(Puertas et al., 2012)
2	C ₂ S	-		-	995 _s , 900 _s , 844 _s , 810 _l , 518 _s	-	-	-	-	-	(Puertas et al., 2012)
3	C ₃ A	898 _s , 786 _l , 739 _s , 704 _s , 588 _l , 521 _s		-	456 _s	-	-	-	-	-	(Puertas et al., 2012)
4	C ₄ AF	Unwell determined bonds									
5	Afwillite	-		3352 _l , 1660 _l	985 _m , 963 _s , 911 _s	860 _m , 781 _m	450 _s	617 _l , 520 _s , 490 _s	-	-	(Puertas et al., 2012)
6	C-S-H	-		3356 _l , 1640 _l	1000 _s , 950 _s	814 _m	456 _s	667 _l , 496 _s	-	-	(Puertas et al., 2012)
7	Portlandite (CH)	-	3642 _s	-	-	-	-	-	-	-	(Puertas et al., 2012)
8	Ettringite (AFt)	857 _l , 537 _m	3637 _s	3431 _m , 1680-1640 _l	-	-	-	-	1115 _s , 617 _m	-	(Puertas et al., 2012)
9	Monocarboaluminate	954 _l , 669 _l , 535 _s	3676 _m , 3624 _m , 3543 _m	3363 _m , 3005 _m , 1650 _l	-	-	-	-	-	1363 _s , 873 _m	(Puertas et al., 2012)

10	Hemicarboaluminat	954 _l , 671 _l , 537 _s	3676 _m , 3642 _m , 3624 _m , 3544 _m	3367 _m 3007 _m 1645 _l	-	-	-	-	-	1364 _s	(Puertas et al., 2012)
11	Monosulfate (AFm)	579 _m , 525 _s	3672 _m , 3549 _m	3423 _s , 1650 _m	-	-	-	-	1150 _m	1380 _l	(Puertas et al., 2012)
12	Hydrogarnet	810 _m , 537 _s	3660 _s	-	-	-	-	-	-	-	(Puertas et al., 2012)
13	Stratlingite	951 _s , 524 _s	3669 _l	3442 _m , 1652 _l	1050 _s , 452 _s	-	-	-	-	-	(Puertas et al., 2012)
14	Vaterite									713 _l , 875 _l , 1423 _s , 1479 _l	(Puertas et al., 2012)

323



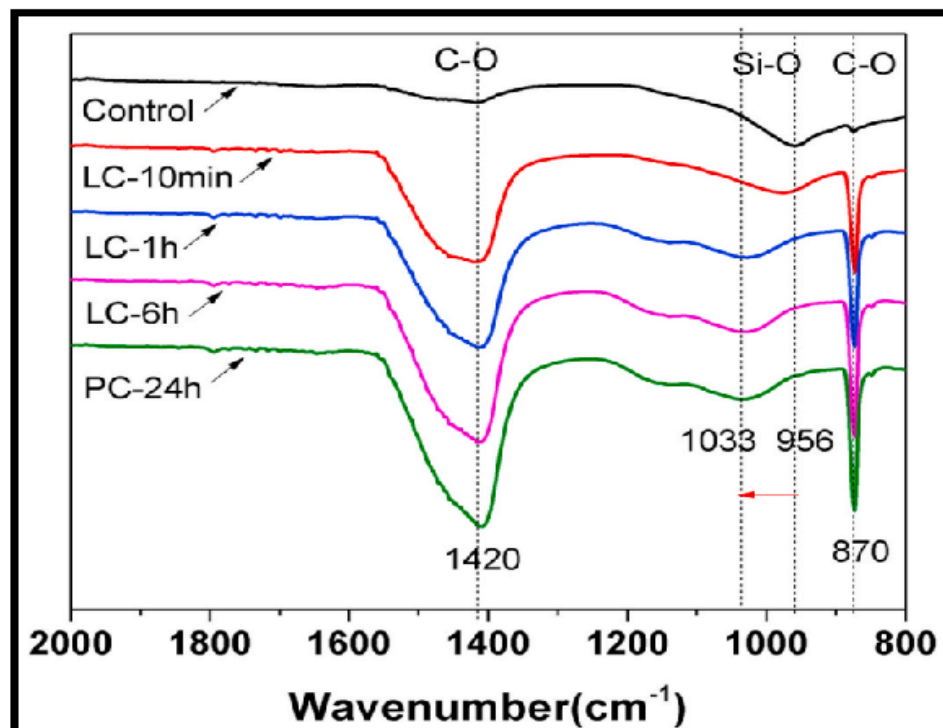
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Figure 16. FTIR spectrum representing control, RAC-NS30% and RAC-UNS30%

327

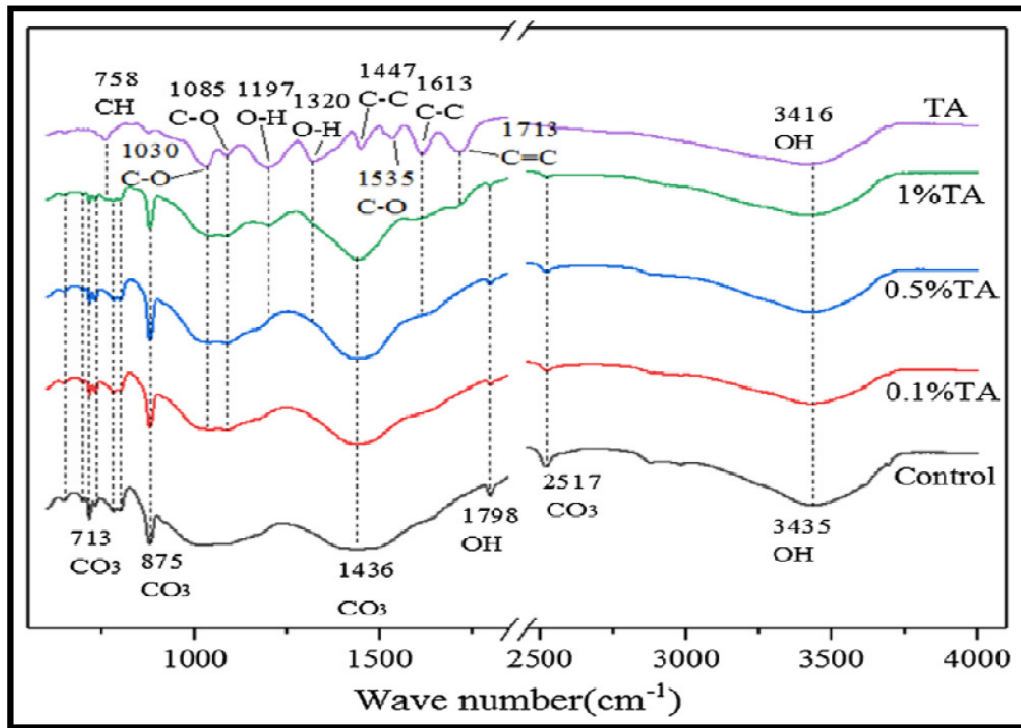
samples at 28 days (Shahbazpanahi et al., 2021)



328

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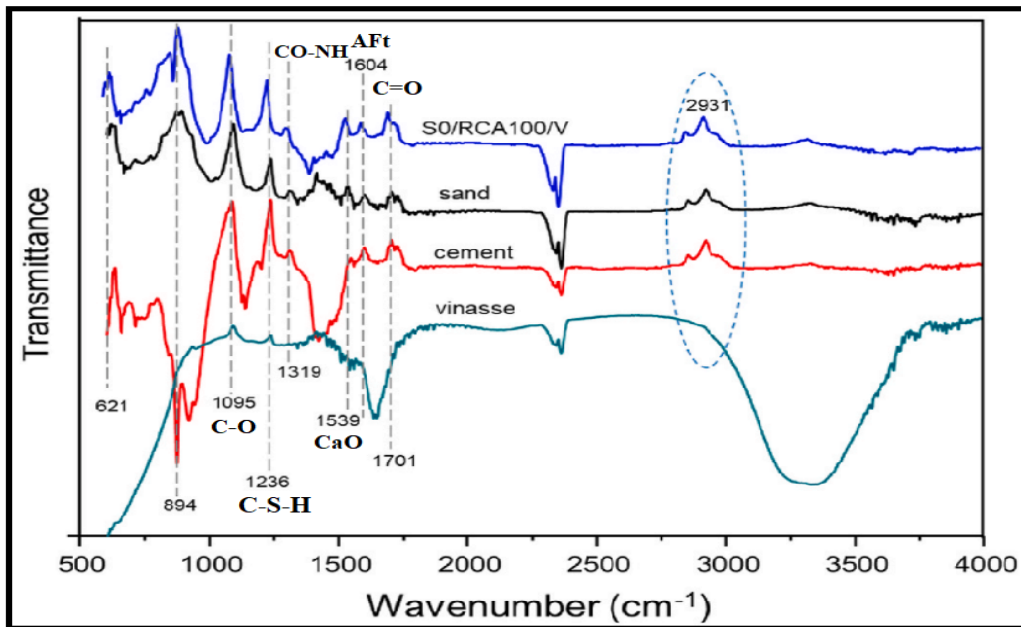
Figure 17. FTIR spectrum of RA post pressurised carbonation (Liu et al., 2021)



330

331

Figure 18. FTIR spectrum of fine RA treated with tannic acid (Wang et al., 2020)



332

333

Figure 19. FTIR spectrum of modified concrete, sand, cement and vinasse (Tamashiro et al., 2022)

334

335

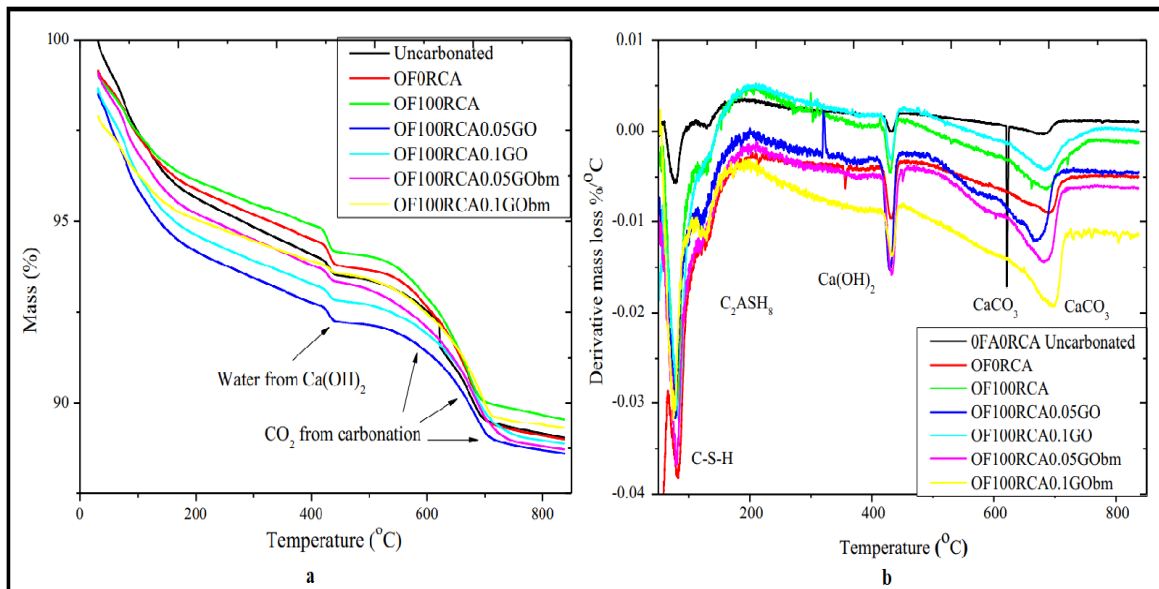
3.4 TGA characterization

336 The symbols in the equation below stand for the proportion of decomposed calcium
 337 hydroxide (CH%), whereas $W_n\%$ and $CC\%$, respectively, reflect the percentages of bound
 338 water and calcium carbonate that have produced (Trivedi et al., 2023; Trivedi et al., 2024).

$$339 \quad CH\% = (\%W_{CH}) \times \left(\frac{M_{CH}}{M_{H_2O}}\right) = (\%W_{CH} \times \frac{74}{18}) \quad (3)$$

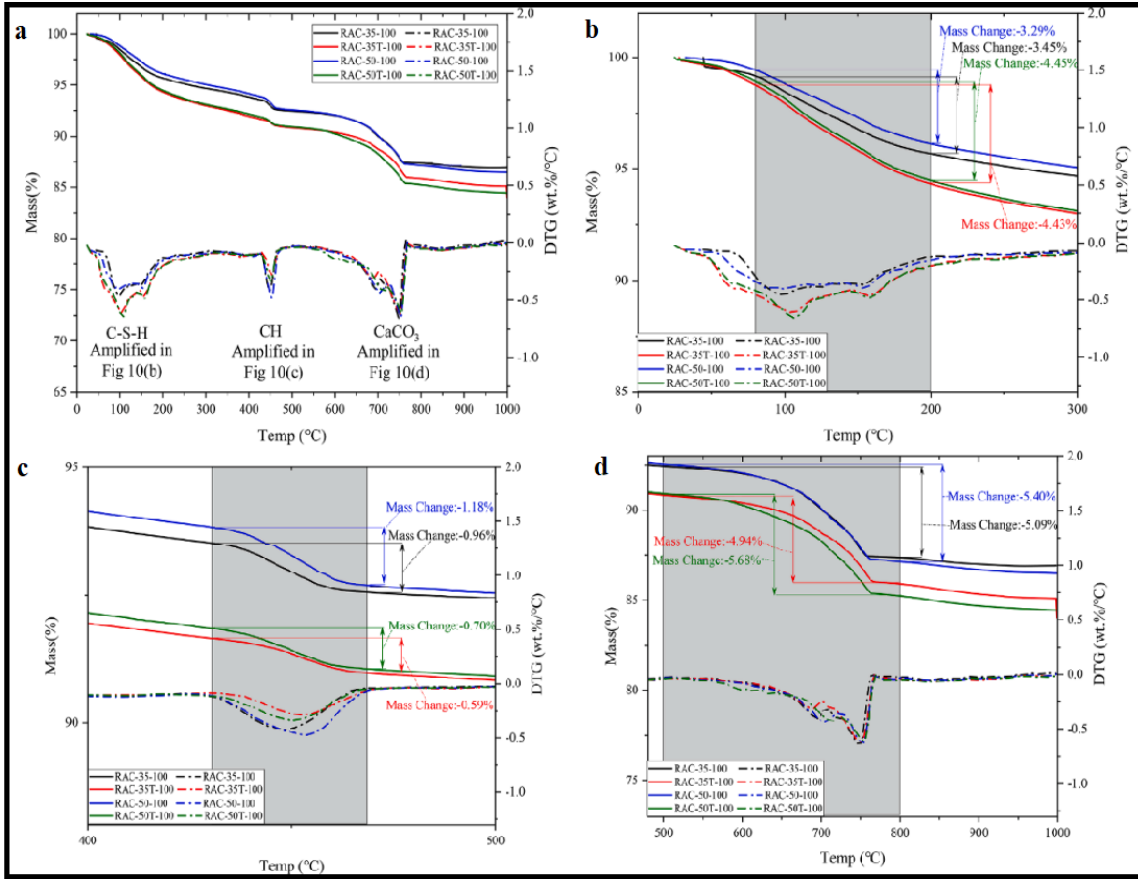
$$340 \quad W_n\% = W_T - W_{CH} \quad (4)$$

$$341 \quad CC\% = (\%W_{CC}) \times \left(\frac{M_{CC}}{M_{CO_2}}\right) = (\%W_{CC} \times \frac{100}{44}) \quad (5)$$



342
 343 **Figure 20(a-b).** (a) TG curves and (b) DTG curves of RAC samples (Devi & Khan,
 344 2020)

345 From the above Fig. 20 (a-b) it is understood that in case of accelerated carbonation, a
 346 declination is observed in the penetration of carbon di-oxide, owing to the assimilation of
 347 graphene oxide which provides a better pore to pore connectivity at the microstructure state
 348 (Devi & Khan, 2020).



349

350 **Figure 21(a-d).** (a) TG-DTG plots of different RAC sample (b) C-S-H (80-200°C); (c)

351

CH (430-460 °C); (d) CaCO₃ dehydration (500-800 °C) (Wang et al., 2022)

352

From TG curves presented in Figure 21, it can be observed that the formation of an adhesive

353

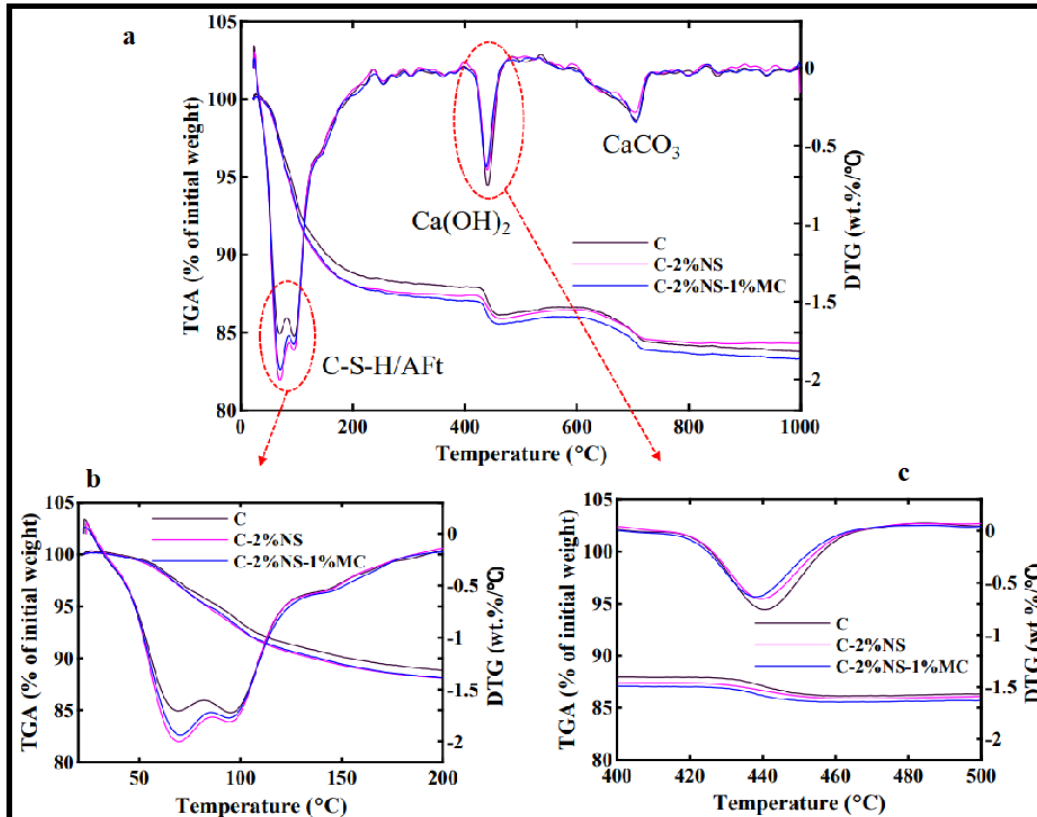
mortar is taking place that on further reaction with the crystallizer producing an improved

354

microstructural site. Also, with increase in the water cement ratio, an additional amount of

355

reactants are generating more C-S-H after reacting with the crystallizer (Wang et al., 2022).



356

357 **Figure 22(a-c).** TG-DTG plots of (a) Nano silica (NS) and micro CaCO_3 (MC) admixed
 358 mortar samples; (b) C-S-H and (c) CH hydration (Yue et al., 2020)

359 From the TG-DTG curves presented in Figure 22, it is evident that the incorporation of NS
 360 and MC resulted in more consumption of CH crystals as compared to control sample. This
 361 rise in bound water is owing to the contribution from C-S-H, CH and ettringite phases post
 362 addition of NS and MC which further improves the rate of hydration in cement matrix and
 363 microstructure of modified composite (Yue et al., 2020)

364 4. Engineering Properties of Recycled aggregate concrete (RAC)

365 4.1. Fresh properties

366 Among the fresh state concrete properties, workability is the most important as it is related
 367 to the ease with which one can work with concrete or in terms of definition, workability is
 368 the amount of work done to achieve full compaction in concrete (Neville & Brooks, 1987).
 369 With respect to the NAC, RAC shows inferior workability (Gao et al., 2020; Hani et al.,
 370 2007; Nazarimofrad et al., 2017; Surya et al., 2013; Yang et al., 2011; Younis & Pilakoutas,
 371 2013). This is basically accredited to the deprived shape properties of crushed RA when
 372 associated to natural aggregates and high absorption demand of RA (Lavado et al., 2020;

373 Matias et al., 2013). For achieving the comparable workability values, it must be ensured
374 that the aggregates should be somewhat lower than the SSD condition. In direction to limit
375 the water requirement in recycled aggregate, the incorporation of water reducing
376 admixtures can be done (Verian et al., 2018). A study claimed that there is a methodical
377 growth in the RAC slump occurred as the percentage of crushed concrete in the mix
378 increases, whereas a diminution is detected with the accumulation of crushed brick content
379 for fine substitution of aggregate in concrete (Khatib, 2005). However, it is found that with
380 help of mineral or chemical admixtures, the loss of slump can be compensated (Faysal et
381 al., 2020; Ju et al., 2020; Radonjanin et al., 2013; Somna et al., 2012)

382 4.2. Properties of hardened RAC

383 4.2.1. Compressive strength

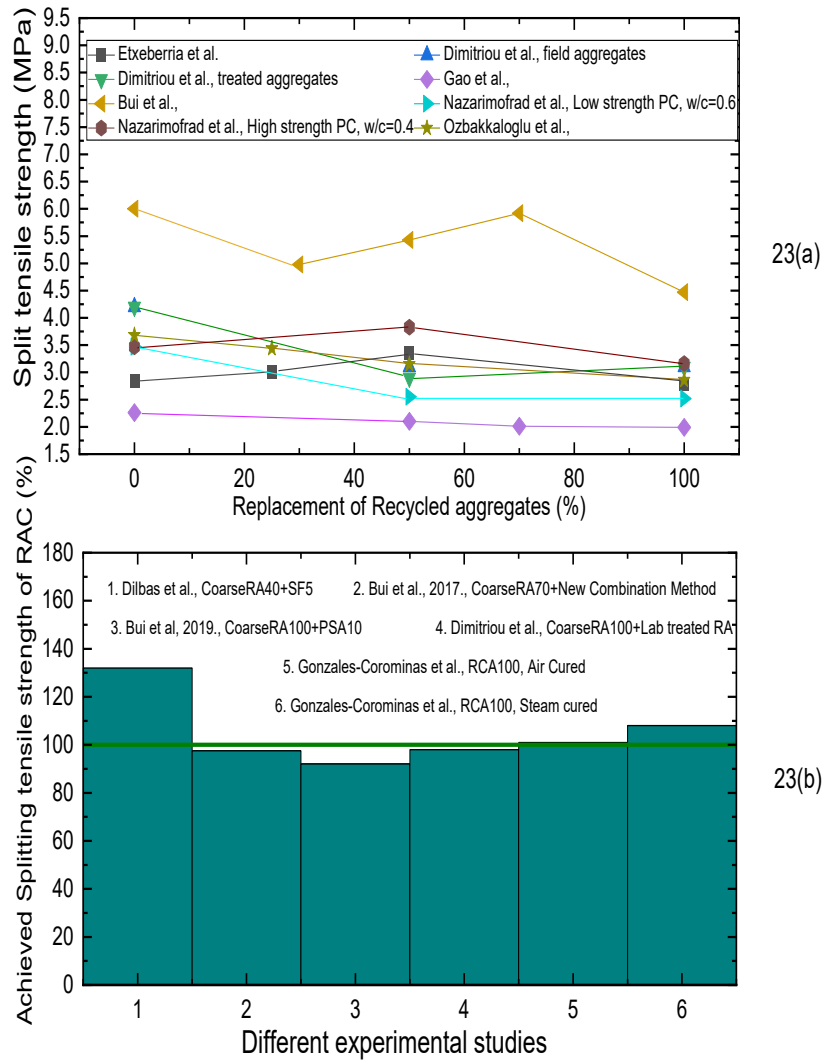
384 The strength in compression of RAC is a function of mean size of aggregate (MSA)
385 (Shahidan et al., 2017). Other factors which affect the compressive strength is the source
386 through which the recycled aggregates have been derived (Bravo et al., 2015). Based on
387 extensive literature survey, it is found that with growing percentage of RA in concrete, the
388 strength in compression goes on decreasing (Bai et al., 2020; Bui et al., 2017; Dimitriou
389 et al., 2018) (Abed & Nemes, 2019; Etxeberria et al., 2007; Khatib, 2005; Kou et al., 2008;
390 Zheng et al., 2018) However, research from Lotfi et al., (2015) proved that the loss in
391 strength in compression by the accumulation of RA in concrete is less for mixes with higher
392 targeted compressive strength as linked with the mixes with inferior targeted compressive
393 strength (Kou & Poon, 2015). Another study claimed that the assimilation of FA and SF as
394 a substitution of fine aggregate alongside adding a superplasticizer having an acrylic base
395 could improve the strength in compression of RAC (Corinaldesi & Moriconi, 2009). In
396 addition, it is also found that the assimilation of GGBS, MK, SF, phosphorus slag and FA
397 as cement replacing materials significantly improved the strength in compression of RAC
398 mixes (Bui et al., 2018; Dimitriou et al., 2018; Faysal et al., 2020; Ju et al., 2020; Kou et
399 al., 2008; Lu et al., 2020; Muduli & Mukharjee, 2020; Nandanam et al., 2021; Radonjanin
400 et al., 2013; Wang et al., 2013; Wang et al., 2020; Yaba et al., 2021). For achieving a
401 comparable strength, it is investigated that aggregates subjected to sulphuric acid or
402 scrubbing/heating treatment results in similar compressive strength as linked with the
403 control concrete (Purushothaman et al., 2015). Also, the modification in the mixing
404 approach (NMA to TSMA) could well lead to superior compressive strength in RAC

405 (Ozbakkaloglu et al., 2018). In a study it is also revealed that an alteration in the recycled
406 fine aggregate could yield a similar compressive strength in RAC with respect to NAC
407 even at 100% substitution rate (Kim et al., 2019).

408 4.2.2. Split tensile strength and flexural strength

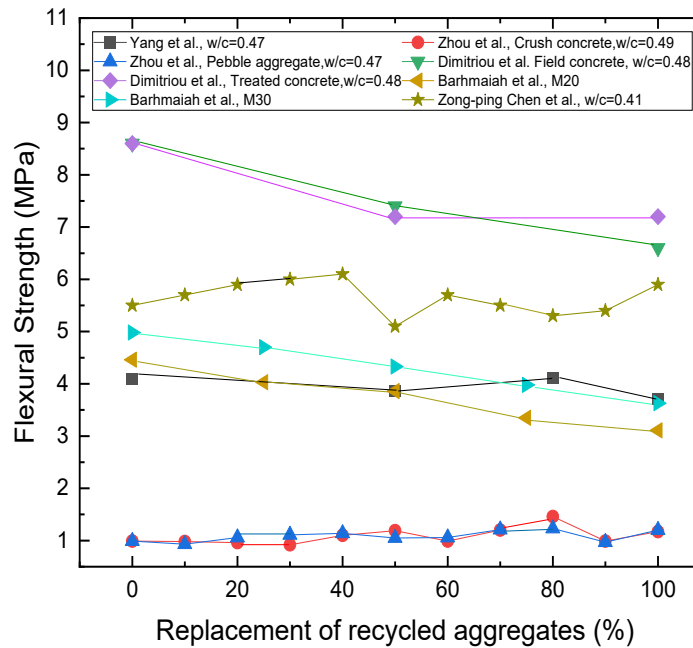
409 Shahidan et al., (2017) and Purushothaman et al., (2015) detected that the tensile strength
410 of RAC is reliant on the size of RA. In another research it is found that the split tensile
411 strength of RAC with respect to NAC is 10% minor, however there is no negative impact
412 of RCA is detected as far as flexural strength is concerned even at full substitution of NCA
413 by RCA (Safiuddin et al., 2013). The decrement in the split tensile strength and flexural
414 strength with growing substitution percentage of RCA in NSC or HSC is confirmed by
415 another research (Purushothaman et al., 2015). But research based on the consequence of
416 carbon dioxide curing on RAC found a noteworthy surge in the strength in tension than
417 that in the strength in compression (Chen et al., 2010). Also, it is reported by a number of
418 studies that with a rise in the replacement ratio, a minor decline in the relative strength in
419 tension of concrete took place (Bai et al., 2020; Bui et al., 2017; Dimitriou et al., 2018; Gao
420 et al., 2020; Nazarimofrad et al., 2017; Ozbakkaloglu et al., 2018). Also, based on several
421 experimental investigations, the similar observations were made for flexural strength of
422 RAC (Barhmaiah et al., 2020; Chen et al., 2010; Dimitriou et al., 2018; Yang et al., 2011)
423 and both these investigations can be observed from Figure 23(a) and 24 respectively. The
424 state of recycled aggregate also has an impression on flexural strength of RAC (Verian et
425 al., 2018). From the other research, the impact of full substitution of RA resulted in a 20%
426 mean loss in flexural strength of RAC (Dimitriou et al., 2018). Also, a study observed
427 concrete made with full substitution of aggregate resulted in 10% inferior tensile strength
428 with respect to reference concrete and the usage of SF further progressed the RAC
429 properties (Mukharjee & Barai, 2014). Another experimental investigation found that the
430 nature of coarse aggregates, its crushing strength and surface characteristics are having the
431 stimulus on the split tensile strength of RAC (Matias et al., 2013). It is to be noted that a
432 dissimilar trend is noticed by the studies conducted by Chen et al., (2010) and Dimitriou et
433 al., (2018) where the strength in flexure of RAC mixes improves after 50% replacement
434 levels. This is owing to the adoption of RA from higher grade parent concrete and
435 appropriate pre- treatment of RA specimens (Chen et al., 2010; Dimitriou et al., 2018).

436 Also, through literature the consequence of nano silica induction in concrete is investigated
437 and it is found that the same material become vital in filling the concrete voids and
438 produced a robust and dense ITZ as equated to control concrete, thus improved the concrete
439 strength in tension (Mukharjee & Barai, 2014). The consequence of silica fume on splitting
440 tensile strength of RAC is investigated and its incorporation up to 5% significantly
441 upgraded the splitting tensile strength of RAC mix (Dilbas & Çakır, 2020) a similar kind
442 of improvement is seen when steam curing is adopted which caused 8% escalation in the
443 splitting tensile strength of RAC as compared with the control concrete (Gonzalez-
444 Corominas et al., 2016). Based on the RA's amount, range, category and quality, there is
445 an advanced or minor relative tensile strength damage amongst the NAC and RAC (Silva
446 et al., 2015). Figure 23 (b) presents the percentage achieved splitting tensile strength of
447 various RAC mixes as related to the control concrete which involves the assimilation of
448 different mineral admixtures as well as diverse curing conditions and it can be detected that
449 the accumulation of 5% SF and introduction of steam curing results in superior splitting
450 tensile strength of RAC with respect to the control mix even with complete substitution of
451 RA.



452
 453
 454
 455
 456
 457
 458

Figure 23. Split tensile strength of (a) RAC (Dimitriou et al., 2018; Bui et al., 2017; Ozbakkaloglu et al., 2018; Etxeberria et al., 2007; Nazarimofrad et al., 2017; Gao et al., 2020); Figure 23(b) Mineral admixture admixed RAC mixes (Bui et al., 2017, 2019; Dilbas et al., 2014; Dimitriou et al., 2018; Gonzalez-Corominas et al., 2016)



459

460

Figure 24. Flexural strength in RAC (Yang et al., 2011; Zhou & Chen, 2017*;

461

Barhmaiah et al., 2020; Chen et al., 2010)

462

***Relative flexural strength**

463

4.2.3. Bond Strength

464

In an experimental investigation, a 10% fall in the bond strength of the RAC at 100%

465

substitution by RA is studied (Rao et al., 2007). Research carried out by (Malešev et al.,

466

2010) highlighted that the bond between RAC and reinforcement is not mainly prejudiced

467

by RAC instead influenced significantly by the cement paste. It is also found that the bond

468

strength can be enhanced by adding SF or FA in the RAC mixes (Ramasamy et al., 2021).

469

Another experimental study claimed that the concrete mixes with high volume waste

470

materials, i.e., 50% Coarse RA and 40% GGBFS, 50% Coarse RA and 60% GGBFS, 100%

471

Coarse RA and 40% GGBFS and 100% Coarse RA and 60% GGBFS satisfied the bond

472

strengths of the concrete mixes of M25, M20, M15 grades as specified by IS 456 (2000)

473

(Majhi & Nayak, 2019). The dependency of bond stress on quality of parent concrete is

474

also studied in which it is found that there is a significant drop in bond strength when RA

475

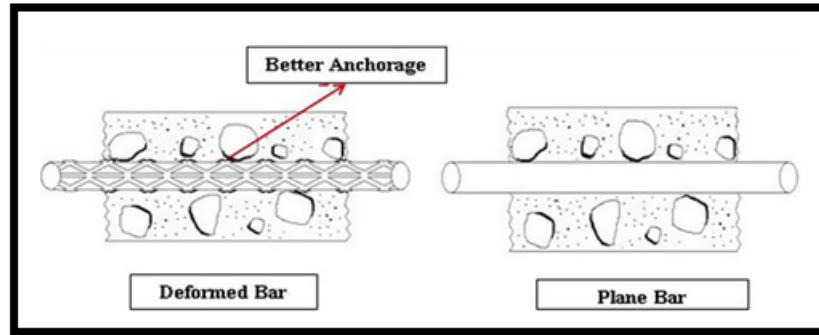
is obtained from inferior-strength and lightweight PC, indicating the straight stimulus of

476

parent concrete (PC) quality on the transmission of stresses and bond to the entrenched

477 steel bars (Behera et al., 2014). Figure 25 presents the variation of bond strength in concrete
478 mixes incorporating deformed bar and plane bar and it can be observed that in case of
479 deformed bar, the bond is due to mechanical anchorage and friction where as in case of
480 plane bar, the bonding is influenced by the concrete and rebar.

481



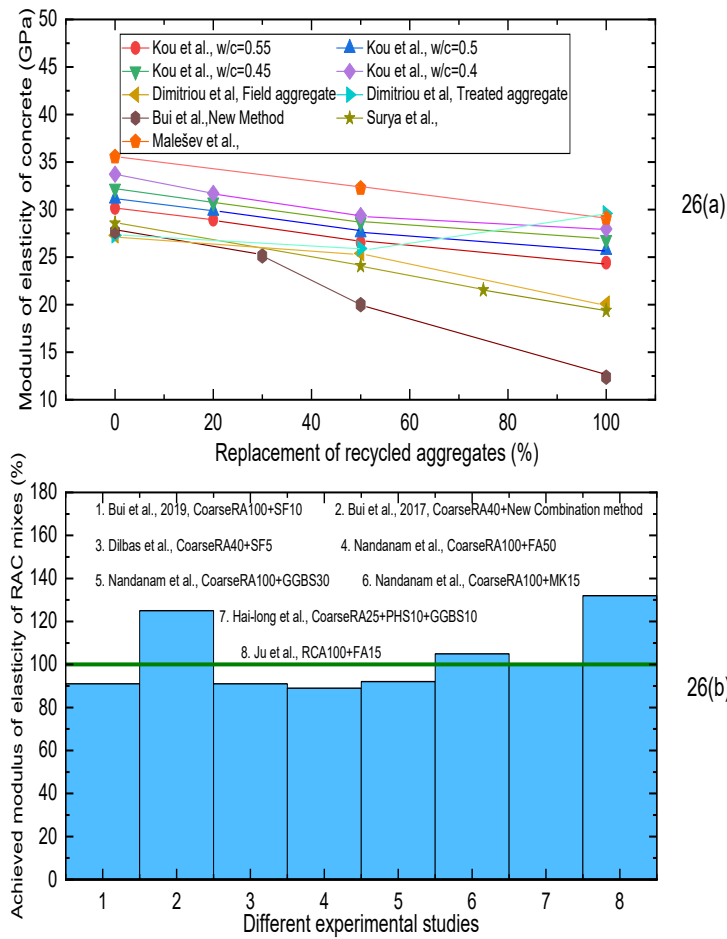
482

483 **Figure 25.** Bond strength in RAC (Behera et al., 2014)

484 4.2.4 Young's modulus

485 In various experimental investigations, the consequence of RA on the elastic modulus of
486 RAC is examined and based on the experimental outcomes, with rising content of RA, the
487 elastic modulus decreases (Bui et al., 2017; Dimitriou et al., 2018; Etxeberria et al., 2007;
488 Kou et al., 2008; Malešev et al., 2010). This can be understood by the fact that RA are more
489 vulnerable to deformation than raw aggregates and the modulus of concrete rely
490 significantly on the aggregate moduli (Etxeberria et al., 2007). Another study reported that
491 the low stiffness and bulk density of RA are responsible for the downfall of elastic modulus
492 of RAC mixes (Zhou & Chen, 2017). A similar reduction is also reported alongside the
493 effect of curing age and w/c ratio on the elastic modulus, as it is found that the same
494 parameter shown an increment with reduction in the water cement ratio or surge in curing
495 age (Kou et al., 2008). In attempt to explore the improving methods for elastic modulus in
496 RAC, the accumulation of high range water reducing admixture proved that the same
497 property can be enhanced even with 50% replacement of concrete induced RCA in the mix
498 (Abed & Nemes, 2019). Similar trends were observed in another study where the laboratory
499 treated recycled aggregates improved the elastic modulus of RAC mixes as compared that
500 of raw RAC aggregates (Dimitriou et al., 2018). Figure 26(a) presents the variation of
501 elastic modulus of RAC mixes on different percentages of RA and it is clear that with rising
502 percentage of RA in concrete, the elastic modulus is decreasing.

503 However, the shortcomings of RA on elastic modulus can be rectified by using phosphorus
 504 slag, fly ash, GGBS, silica fume etc (Bui et al., 2017, 2019; Dilbas et al., 2014; Ju et al.,
 505 2020; Nandanam et al., 2021; Wang et al., 2013). The detailed representation of elastic
 506 modulus on the incorporation of various mineral admixtures is presented in Figure 26(b)
 507 below and it can be observed that with the assimilation of fly ash or metakaolin, the
 508 modulus of elasticity of RAC can be made comparable or superior than control mix even
 509 at complete substitution of RA.



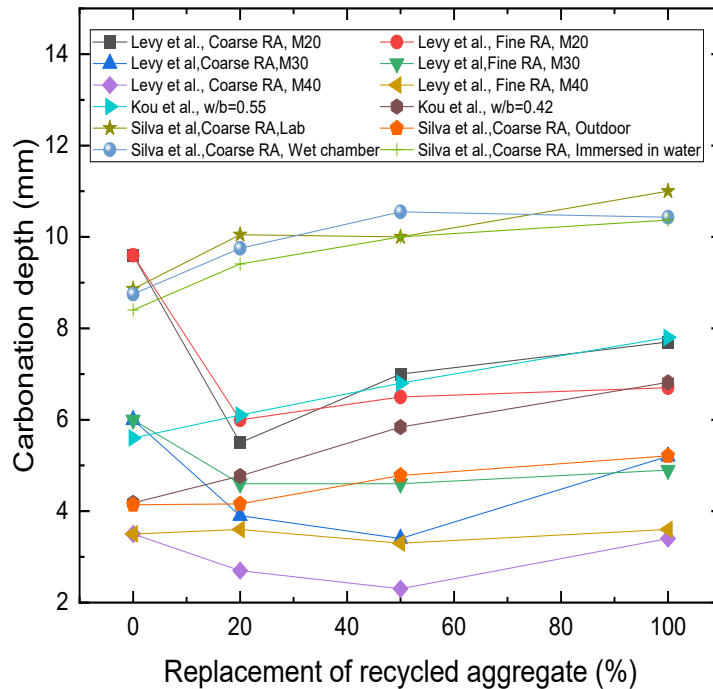
510

511 **Figure 26.** 28 days Elastic modulus in (a)RAC (Malešev et al., 2010; Dimitriou et al.,
 512 2018; Bui et al., 2017; Surya et al., 2013; Kou et al., 2008) ; Figure 26(b). RAC with
 513 mineral admixtures (Bui et al., 2017, 2019; Dilbas et al., 2014; Ju et al., 2020; Nandanam
 514 et al., 2021; Wang et al., 2013)

515 4.3. Durability Properties

516 4.3.1. Carbonization

517 From the literatures, it is evident that the carbonation depth enhances with the increasing
518 content of recycled aggregates, assuming all the supplementary aspects are equivalent (Kou
519 & Poon, 2013; Levy & Helene, 2004; Silva et al., 2015) as can be observed from Figure
520 27. The investigation of complete substitution of RCA in concrete may reason up to twice
521 the carbonation depth with respect to control concrete (Silva et al., 2015). Other parameters
522 like water to binder ratio, amount of mineral pozzolana influences the carbonation depth
523 of RAC. For example, the carbonation depth grows proportionally with the accumulation
524 of pozzolanic materials, this may be attributed to the drop of the alkali percentage and the
525 C-S-H formation (Sim & Park, 2011). Other literature investigated the effects of the quality
526 of RA, its substitution percentage, binder percentage, the type of mineral admixture, and it
527 is experimentally revealed that the higher strength parent concrete found to safeguard
528 against carbonation in RAC specimens, with the substitution of coarse RA up to 70% and
529 accumulation of mineral admixtures as fractional exchange of cement specifically 10% by
530 mass (Xiao et al., 2012). A similar observation of increase in carbonation depth with
531 respect to water binder ratio is concluded in an experimental investigation (Otsuki et al.,
532 2003). In case of recycled fine aggregate concrete (RFAC), the carbonation depth surged
533 with reduction in minimum particle size of recycled fine aggregate. If water binder ratio is
534 remained to be fixed, the confrontation to carbonation drops with the amplification of RFA
535 amount (Geng & Sun, 2013). The carbonation depth of RAC with respect to substitution
536 of recycled aggregates is shown as below.



537

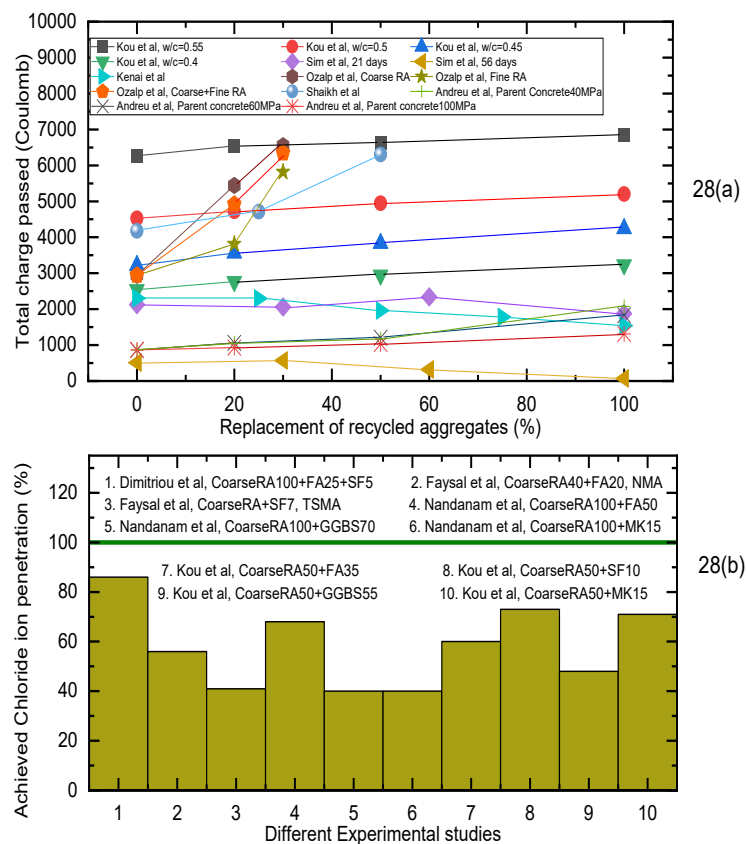
538 **Figure 27.** Carbonation depth RAC at 28 days in different conditions (Kou & Poon,
539 2013; Levy & Helene, 2004; Silva et al., 2015)

540 4.3.2 Chloride penetration

541 Chloride ion penetration is the measurement of the depth up to which the chloride ions
542 present in the environs pierce into the concrete (Das et al., 2012). Through several
543 literatures it is confirmed that the recycled aggregates incorporation in substitution of
544 natural aggregates in concrete mixes promotes the chloride ion penetration (Andreu &
545 Miren, 2014; Kenai, 2018; Kou et al., 2008; Özalp et al., 2016; Shaikh & Nguyen, 2013).
546 In other experimental analysis, the effect of curing time on chloride penetration is analysed
547 and it is found that with age, the penetration becomes weak as the microstructure of
548 concrete becomes denser with curing time (Sim & Park, 2011). When other parameters like
549 water binder ratio (w/b) are investigated, it is claimed that a higher w/b can control the
550 chloride ion penetration in the concrete owing to the enhancement in the ITZ (Otsuki et al.,
551 2003). In order to explore the controlling measures for chloride penetration in RAC, a
552 number of experimental investigations are reported and it is confirmed that the
553 incorporation of mineral admixture and modifying mixing approach can progress the

554 chloride resistance in RAC (Otsuki et al., 2003; Sim & Park, 2011). Figure 30(a) presents
 555 the variation of chloride ion penetration against the substitution percentage of natural
 556 aggregates by RA. It can be detected from the Figure that with growing substitution
 557 percentage of RA, the penetration goes on increasing.

558 Also, through several literatures it is proved that application of mineral admixtures as
 559 supplementary cementitious materials resulted in controlling the chloride ion penetration
 560 in RAC mixes (Dimitriou et al., 2018; Faysal et al., 2020; Kou et al., 2011; Nandanam et
 561 al., 2021). Figure 30(b) presents the percentage achieved chloride ion penetration of the
 562 various RAC specimens with respect to the control mix and by the integration of various
 563 mineral admixtures as SCMs, the chloride ion penetration can be controlled.

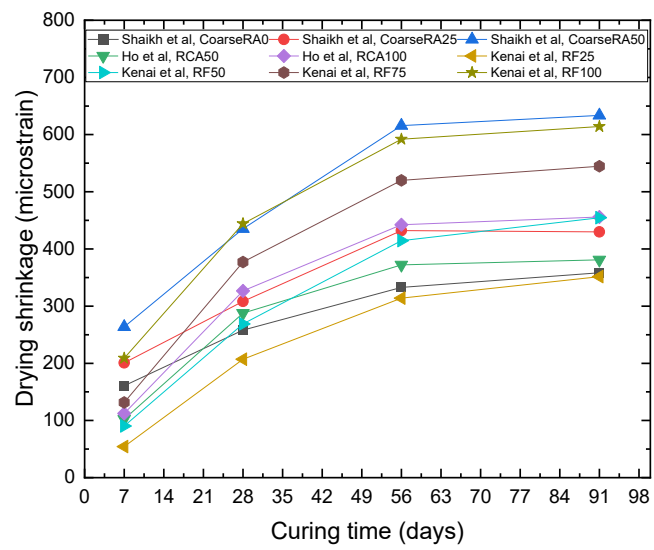


564
 565 **Figure 28.** Chloride penetration in (a) RAC (Andreu & Miren, 2014; Kenai, 2018; Kou et
 566 al., 2008; Özalp et al., 2016; Shaikh & Nguyen, 2013) ; Figure 28 (b) RAC with mineral
 567 admixture (Dimitriou et al., 2018; Faysal et al., 2020; Kou et al., 2011; Nandanam et al.,
 568 2021)

569 4.4 Shrinkage and Creep

570 4.4.1 Drying shrinkage

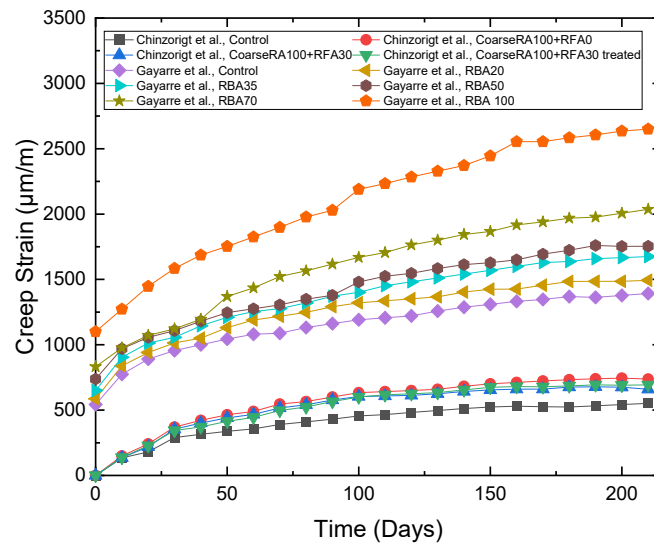
571 The values of drying shrinkage were found proportional to the percentage of RA in the
572 concrete, indicating that the above property is more evident in RAC with respect to NAC
573 (Liang et al., 2020). In a study, it is found that drying shrinkage is mainly dependent on
574 paste percentage, water to cement ratio and controlled by aggregate particles (Safiuddin et
575 al., 2013). Another study claimed that a large shrinkage strain is witnessed as the proportion
576 of RA surges in the mix (Ozbakkaloglu et al., 2018). In a study it is found that the drying
577 shrinkage declines with the incorporation of waste powder from C&D debris (Ma et al.,
578 2020). Also, the methods like carbonation treatment diminishes the drying shrinkage of
579 RAC (Liang et al., 2020). A study claimed that the drying shrinkage can be controlled by
580 incorporating RA from better concrete grade of higher strength (Kou & Poon, 2015).
581 Research reported by Duan & Poon, (2014) states that concrete made with the superior
582 quality of RA, minor shrinkage values were reported. It is also reported by the authors that
583 drying shrinkage of concrete improved with the curing days. The representation of drying
584 shrinkage with respect to age of RAC mixes is shown in Figure 29 and it can be detected
585 that at various substitution percentages of fine and coarse RA, the drying shrinkage is
586 increasing with respect to age of the mix.



587
588 **Figure 29.** Drying shrinkage in RAC (Yong Ho et al., 2013; Kenai, 2018;
589 Shaikh & Nguyen, 2013)

590 4.4.2 Creep

591 An experimental investigation concluded that on full substitution of natural aggregates by
592 the RA, the creep deformation got increased by 50% at 180 days of time period (Domingo
593 et al., 2010). Most of the studies have reported that creep deformation surges with the
594 integration of RA in replacement of natural aggregates in concrete mixes (Chinzorigt et al.,
595 2020; Fathifazl et al., 2011; Geng et al., 2016; Kou & Poon, 2012; Seara-Paz et al., 2016;
596 Tam et al., 2015). Apart from replacement percentage of RA, creep of RAC is primarily
597 prejudiced by the existence of old residual mortar and new mortar (Kou & Poon, 2012).
598 The same observation is endorsed in a study in which the effect of water cement ratio (w/c)
599 of source concrete and RA mix concrete is explored and it is found that the creep
600 deformation is more affected by the higher w/c of the parent concrete and lower w/c of the
601 RA concrete (Geng et al., 2016). The moisture state of RCA also has an impression on the
602 creep of RAC mix as an experimental study concluded that pre-soaked RCA at below
603 saturated surface dry (SSD) condition resulted in a balanced creep at early age (Henschen
604 et al., 2012). Another investigation on long term creep includes recycled brick aggregates
605 (RBA) as both coarse and fine aggregate substitution in concrete and through results, it is
606 reported that the creep is acceptable up to 20% substitution for structural applications
607 (Gayarre et al., 2019). Through a study, the addition of FA as a partial substitution or
608 accumulation of cement is found to be helpful in controlling the creep deformation in RAC
609 mixes, owing to the pozzolanic reaction that happened due to accumulation of fly ash (Kou
610 & Poon, 2012). Figure 30 presents the graphical variation of creep strain up on
611 incorporation of different recycled aggregates in concrete mixes and it can be detected that
612 with assimilation of recycled coarse and brick aggregates, creep strain goes on swelling
613 with age.



614
 615 **Figure 30.** Creep strain in RAC (Chinzorigt et al., 2020; Gayarre et al.,
 616 2019)

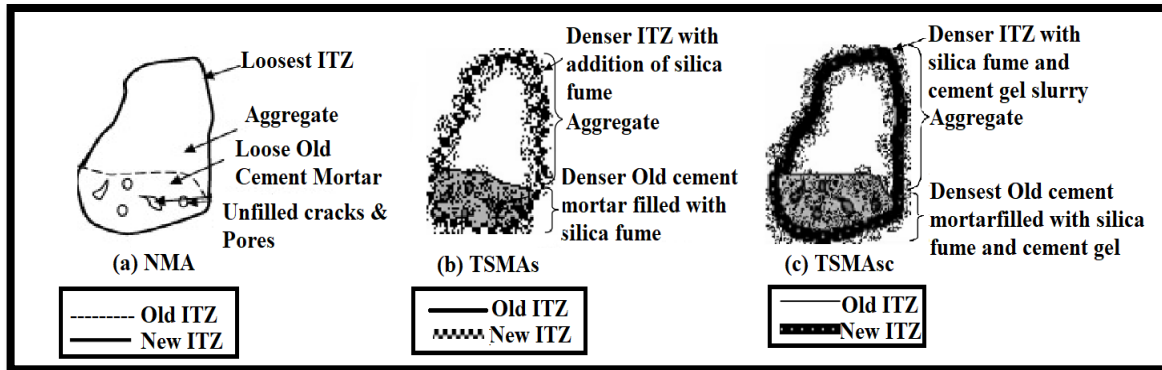
617 **5. Techniques for improving properties of Recycled aggregate concrete (RAC)**

618 With respect to the benefits and shortcomings of the application of RA in the concrete,
 619 various techniques are investigated based on the extensive literature survey, which are
 620 further classified into following categories.

621 **5.1. Modifying mixing process**

622 Numerous studies supported the use of the two-stage mixing technique (TSMA) in place
 623 of the standard or normal mixing strategy (NMA) for RAC. The created TSMA can
 624 increase the RAC's strength (Tam et al., 2006). Another study developed a modified TSMA
 625 approach, which involved adding cement to the first step of the mix and silica fume to the
 626 premix (TSMA_{sc}). This approach was found to increase the RAC's strength in compression,
 627 tension, flexure, and young's modulus.

628 A study carried out by Shaikh et al., (2018) proved that the presoaking of recycled coarse
 629 aggregates 2% nano-silica solution followed by presoaking of resulted in an enhancement
 630 in the engineering properties of RAC. Similarly, research from (Dimitriou et al., 2018) used
 631 the modified recycled treated aggregates in concrete i.e., laboratory, treated and field
 632 aggregates and due to treatment, the recycled aggregate achieved better than the control
 633 concrete. Figure 31 presents the different mixing approaches of some of these techniques
 634 and as a result the densification of ITZ is taking place.



635

636 **Figure 31.** Mixing approaches (a) NMA (b) TSMA_s and (c) TSMA_{sc} (Tam & Tam, 2008)

637 5.2 Incorporation of filler materials (micron, submicron to nano size) in RAC

638 According to Awoyera & Okoro, (2019), silica fume and GGBS were added as micro fillers
 639 to RAC, and the findings showed that both materials' compression strength increased by
 640 6% and 17%, respectively. Research by Babalola et al., (2020) similarly supported the
 641 combination of FA and SF as filler materials in RAC, and the results demonstrated an
 642 increase in the strength in compression and durability properties of the improved RAC mix.
 643 A rise in the mechanical characteristics of RAC was achieved by assimilation of perlite
 644 powder with an optimal percentage of 15% in addition to the aforementioned ingredients
 645 (Abed & Nemes, 2019). According to another study, adding marble as a filler material
 646 increased the strength of RAC in comparison to natural aggregate concrete at an ideal
 647 percentage of 5% (Belagraa et al., 2017). Younis & Mustafa (2018) looked into substituting
 648 silica nanoparticles for cement in RAC, and it was shown that doing so produced RAC with
 649 a similar split tensile strength to the control mix while also reducing its water absorption.
 650 Research from (Zhang et al., 2016) investigated the use of nano slurries for the surface
 651 treatment of RA in concrete in order to advance the ITZ of RAC, which subsequently
 652 produced an improvement in the microstructure of RAC. A decrease in the water absorption
 653 of RAC mix was seen in an experimental investigation by Singh et al. (2018) that
 654 investigated the impact of presoaking RA in nanosilica and ureolytic/non ureolytic
 655 bacterial environments. Additionally, there has been a rise in RAC density as well as an
 656 improvement in RAC mix durability. The combined use of nano silica and basalt fibre in
 657 RAC was researched by Zheng et al. in 2021. It was also noted that the same materials
 658 produced a densified RAC as a result of the mix's decreased porosity.

659 Yue et al. (2020) conducted a similar study in which the effect of nano silica (NS) and
660 micro calcium (MC) carbonate as fillers in RAC was examined. Based on the findings, an
661 improvement in the microstructure and mechanical properties is reported. Another
662 experimental analysis looked at using nanoscale silica and nanoscale titanium dioxide
663 together as filler material, and it found that the pore structure of RAC had improved.
664 Further information indicates that the same fillers increased the mix's resistance to chloride
665 ion diffusion thereby indicating the influence of nano silica and on durability aspects of
666 RAC.

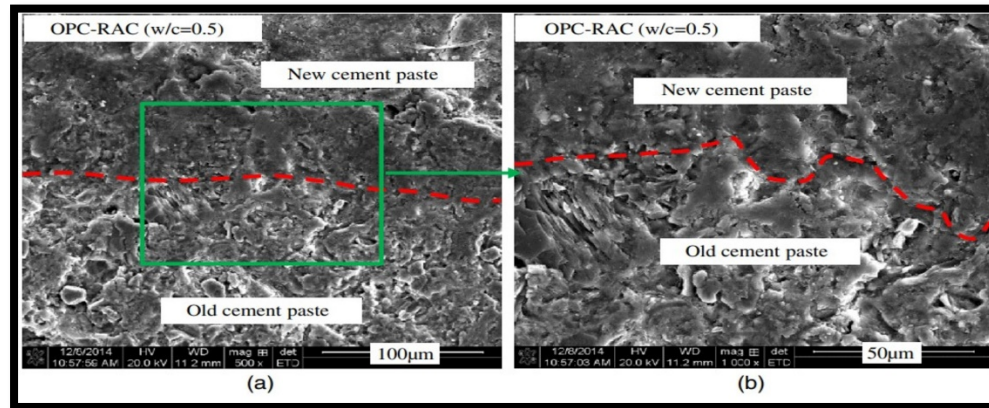
667 **6 Utilization of Recycled aggregates for development of geopolymer concrete and as** 668 **fine aggregates in concrete**

669 6.1 Development of Geopolymer Recycled aggregate concrete (GRAC)

670 Various researches unanimously endorsed the use of geopolymer in RAC, like coarse RA
671 and the fine RA helped to develop a novel green concrete geopolymer having fly ash as
672 base. Literature observations proved that the increment in the w/c is accountable for the
673 downfall of the engineering properties in geopolymer recycled aggregate concrete (GRAC)
674 (Liu et al., 2016). Another study claims that in the prepared RAC, the inclusion of GGBFS
675 and FA-based geopolymer results in an excellent sulphate resistance property and
676 simultaneously improved the compactness of RAC (Xie et al., 2019). Similarly, a study
677 explored the amalgamation of the recycled concrete aggregates as a substitution of coarse
678 aggregate in geopolymer concrete with a base of high calcium fly ash and the results
679 indicated a 93% strength recovery in compression with respect to the crushed limestone
680 based geopolymer concrete (Nuaklong et al., 2016). A study determined 12-24 hours as an
681 optimum curing time for attaining the required characteristics in a fly ash-GGBS based
682 GRAC (Wang et al., 2020). In attempt to advance the microstructure of RA based
683 geopolymer concrete, inclusion of various fillers and mineral admixtures is added i.e., rice
684 husk ash and nano silica based geopolymer concrete shows comparable strength than
685 geopolymer based NAC at an age of 28 days (Nuaklong et al., 2020). Other materials such
686 as metakaolin is used as a fractional substitution for high calcium fly ash (HCF) in
687 geopolymer binder, proved to provide significant enhancement in the mechanical and
688 abrasion properties of concrete (Nuaklong et al., 2018). Figure 32 (a-b) presents the
689 scanning electron micrograph images of GRAC and OPC-RAC matrix at similar water
690 cement ratio and a proper bonding can be detected in the former case between the old

691 cement paste and the synthesized geopolymer paste thereby the porous nature of the
692 microstructure is eliminated which is existing in the ITZ of OPC-RAC matrix.

693



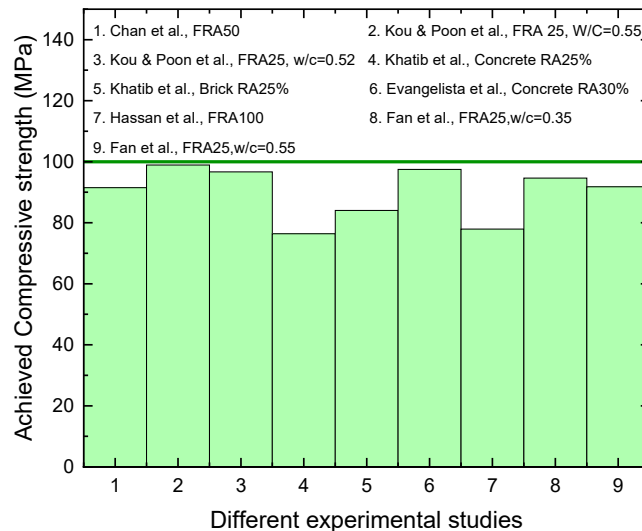
694

695 **Figure 32.** SEM images of (a)GRAC (b) OPC-RAC (Liu et al., 2016)

696 6.2 Recycled aggregates as a replacement of fine aggregates in concrete

697 A study incorporated fine RA as a fractional and full substitution of natural sand in concrete
698 and a increase is observed in the water absorption and slump value of the resulting concrete
699 alongside decrement in the compressive strength and modulus of elasticity as compared to
700 the control mix (Chan & Sun, 2006). Research from Kou & Poon, (2009) inspected the
701 assimilation of fine recycled aggregate (FRA) in concrete as 25-100% substitution of
702 natural fine aggregates and based on the experimental investigation, it is observed that at
703 fixed w/c ratio the strength in compression declined whereas a surge in the drying shrinkage
704 is detected at the same time. However same study conveyed that the incorporation of FRA
705 improved the resistance against chloride ion penetration at a fixed slump value. Another
706 research utilizes crushed bricks and crushed concrete as a substitution of fine aggregates in
707 concrete and based on the outcomes, it is reported that the accumulation of the former
708 caused a strength declination up to 30%. However, the later resulted in a comparable
709 strength value with respect to the control mix (Khatib, 2005). A study from Anastasiou et
710 al., 2014 reported that the joint utilization of steel slag and mixed C&D waste as a
711 substitution of fine aggregates in concrete resulted in 30 MPa strength alongside
712 satisfactory durability criterion for low grade concrete applications. The accumulation of
713 crushed concrete waste as an interchange of fine aggregates in concrete is endorsed by Fan
714 et al., 2016 and Señas et al., 2016. The former study documented that the crushing process,

715 replacement ratio of aggregate significantly affects the mechanical and durability
 716 properties of the subsequent concrete. Even the complete substitution of fine RA in lieu of
 717 natural aggregates is supported in an experimental investigation for a reasonable strength
 718 property of the resulting concrete (Hassan et al., 2021). An experimental analysis from
 719 Evangelista & de Brito, 2007 proved that the substitution of FRA up to 30% of natural
 720 aggregate or sand does not disturb the mechanical properties RAC in substantial terms.
 721 Figure 33 illustrates the achieved strength in compression of various RAC mixes with FRA
 722 as a substitution to natural fine aggregates in concrete and it can be observed that with an
 723 optimum percentage of 25-30%, the substitution of fine RA can be done to achieve
 724 comparable strength.



725

726 **Figure 33.** Percentage achieved compressive strength of RAC (Chan & Sun, 2006;
 727 Evangelista & de Brito, 2007; Fan et al., 2016; Hassan et al., 2021; Khatib, 2005; Kou &
 728 Poon, 2009)

729 **7. Latest technologies on Recycled aggregate concrete**

730 **7.1 Carbon dioxide curing of RAC**

731 CO₂ can be utilized for improving RA and RAC. The two currently utilized methodologies
 732 are carbon conditioning and carbon-curing in which the former method is of greater
 733 practicality. The main advantage of carbon curing is it can provide quicker early-age
 734 strength for concrete and carbonation of RA can be accomplished former to concrete

735 mixing (Tam et al., 2020). A detailed investigation of carbon conditioning in recycled
736 aggregate (RA) is carried out with varying RA replacement percentages of 0%, 30% and
737 100% and it is observed that the porosity and water absorbance of RA is decreased. Also,
738 with the improved quality of RA, CO₂ emissions from the aggregate helped to fill the
739 openings in the concrete composition, creating a better-quality bond matrix from the
740 formation of calcite. Other properties such as workability, compressive, flexural, split
741 tensile strength and elastic modulus observed an improvement post carbon conditioning
742 (Liang et al., 2020; Tam et al., 2016; Zhan et al., 2014). Liang et al., 2020 further observed
743 that carbonation efficiency of RA with small particle size is greater than aggregate with
744 large particle size. Zhan et al., 2013 investigated that carbon dioxide curing helps in
745 attaining higher compressive strength and low drying shrinkage in RAC mixes.

746 7.2 Fiber reinforced Recycled aggregate concrete (FRAC)

747 Fiber reinforcing is an influential practice that avoids and decelerates the micro-cracks
748 inside the concrete matrix and accordingly outcomes in an upgraded strength, ductility,
749 crack pattern, fracture energy properties in the frailer recycled aggregates (Ahmed & Lim,
750 2021; Chan et al., 2019). Based on the literatures, various types of fibers for example glass
751 fiber, polypropylene fiber, steel fiber and basalt fiber can be incorporated in the RAC and
752 based on respective investigations, it is found that steel fiber caused the strength
753 enhancement of RAC, polypropylene fiber resulted in reduction of shrinkage cracks in
754 cementitious composites whereas basalt fiber proved to improve the tensile strength and
755 glass fiber provided the thermal stability in recycled aggregate concrete (Ahmed & Lim,
756 2021). The accumulation of polypropylene fibers in RAC is also endorsed in other studies
757 on the substance of rise in the flexural and split tensile strength at an optimum fiber content
758 of 0.5% (Das et al., 2018). In other researches it is also evident that higher fiber content
759 tends to increase the Young's modulus and residual flexural strength in fiber reinforced
760 RAC (Chan et al., 2019). In a study, the consequence of crumb rubber with steel fibered
761 recycled aggregate concrete (RSRAC) is investigated and it is found that this combination
762 enhances the compressive ductility and toughness of RSRAC at 2% optimum rubber
763 content (Xie et al., 2015). Also, the durability properties such as sulphate attack resistance
764 of RAC with NaOH treated crumb rubber was investigated and it proved to be useful in
765 terms of enhancing the sulphate attack resistance of RAC at optimum dosage of 20% NaOH
766 treated crumb rubber with size range of 0.16-0.30 mm (Li et al., 2021).

767 7.3 Incorporation of sea water and sea sand in Recycled aggregate concrete

768 The joint utilization of seawater and coarse RA promotes the development for a sustainable
769 concrete, however the potential risk associated with sea water application in concrete is the
770 corrosion of steel reinforcement due to abundance of chlorides present in seawater. Recent
771 studies on the application of seawater in RAC demonstrated a downfall in the workability,
772 mechanical properties and durability characteristics (Younis et al., 2020). Also, the sea
773 water effect in the RAC produces quick initial setting effect alongside employing blast
774 furnace slag cement with sea water in RAC can cause the minimum plastic shrinkage but
775 on the same time increases the drying shrinkage (Etxeberria et al., 2016). The association
776 of sea water sea sand in RAC is studied and it is found that this addition upgraded the
777 mechanical performance of RAC, but worsens the early-age cracking behavior in the mix
778 (Xiao et al., 2019). Another investigation concluded the feasibility of using sea water sea
779 sand based recycled aggregate concrete (SSRAC) columns as SSRAC columns
780 outperformed the RAC columns in terms of strength and deformability with a peak load
781 capacity exceeding 17% higher than the latter (Zhang et al., 2019). Also, it is studied that
782 with respect to normal aggregate concrete, sea water sea sand mixed concrete developed
783 an early strength, whereas the long-term strength is found to be comparable. It is further
784 explored that the durability issues of sea water sea sand concrete could be wiped out
785 through a blend of mineral admixtures for the concrete with the reinforcement of fiber
786 reinforced polymer (FRP) (Xiao et al., 2017). Other studies incorporated sea sand and RAC
787 in glass fiber reinforced polymer tube (GFRP) resulted in some important findings such as
788 sea sand and coarse RA diminished the strength and deformation of specimens and sea
789 sand was found to delay the transverse deformation while the coarse RA improved the same
790 (Huang et al., 2021).

791 **8. Concluding Remarks**

792 This review article comes up with a detailed investigation about microstructure and
793 engineering properties of recycled aggregate concrete and its application in the structural
794 elements. In order to make the recycled aggregate concrete comparable with control
795 concrete, various improvement techniques and several latest trends are explored.

796 By adopting suitable process techniques recycled aggregates can be generated from the
797 construction and demolition waste that can be utilized in the production of high
798 performance concrete. The inclusion of recycled aggregates in cement and concrete

799 industry is a unanimous solution towards safeguard of natural resources (amid crunch
800 situation between its demand and availability) and protection of the environment and
801 ecology by cutting down the carbon dioxide emissions. Even though there found to be some
802 short-comings in the attainment of engineering properties of concrete with the addition of
803 RA as partial or full replacement with that of natural aggregates, it is observed that the
804 properties of RAC can be modified with the addition of various mineral and chemical
805 admixtures such as GGBS, MK, FA, SF, phosphorous slag and several fillers like nano
806 silica, vinasse or others agro-industrial by-products. In particular, addition of 30-50% FA
807 or 5-10% SF by weight is observed to result suitable workability in RAC mixes and higher
808 strength in compression and tension whereas incorporating up to 15% MK and 75% GGBS
809 by weight illustrates higher compressive strength and resistance to chloride ion penetration
810 in RAC mixes. The advantages of mineral additions comprise microstructure densification
811 and improved binding capacity in the RAC system however, the early strength is found to
812 be slightly lower in such mixes than that of the control mix. Henceforth, an optimum
813 percentage of mineral additions and suitable mix design is necessary to achieve desired
814 performance in RAC mixes. Further, if a mixture designer adopts different approaches of
815 mix design alongside the inclusion of fillers (micron, submicron to nano size), performance
816 of RAC can be enhanced significantly. Comprising a complex and vulnerable
817 microstructure, observations from SEM studies revealed that the inclusion of treated RA
818 with pozzolanic slurry solution is helpful in enhancing the hydration at microstructural
819 scale. Further, the adoption of dual and triple stage mixing can significantly reduce the
820 porosity of the RAC mixes and contributes to a dense and compact microstructural matrix.
821 Apart from the modification at the mix design approaches, treatment of RA with recycled
822 fine powder followed by carbonation curing, dual surface treatment, incorporation of high
823 strength RA, nano silica and bacterial RAC can further lead to an improvement in the
824 compressive strength properties. Several other techniques such as biomineralization, nano
825 silica addition, slag and basalt fibre-based RAC, phase changed carbonized RA, tannic acid
826 coated RA, milled graphene oxide and sodium silicate modified RAC are helpful in
827 strengthening the microstructure of RAC as observed by XRD, FTIR and TG-DTA
828 analysis. Developments on the geopolymer RAC is also documented in this article
829 alongside the latest developments on RAC such as carbon dioxide curing, inclusion of sea
830 water and sea sand based RAC mix and fiber reinforced RAC. The feasibility of sea sand

831 merged RAC is supported with the joint inclusion of suitable fiber reinforcement and
832 mineral admixtures in order to match the durability standards of the control mix.

833 Future Scope

- 834 1. Performance of RAC under different curing conditions is not well known. Thereby,
835 more experimental research is required under this area.
- 836 2. Geopolymer RAC needs an extensive investigation particularly for long term
837 mechanical and durability performances.
- 838 3. A holistic approach is necessary to be adopted towards the optimum mix design for
839 RAC mixes.
- 840 4. Limited research manuscripts are available on high and ultra-high performance RAC.
841 This area needs further research.

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