

Supplemental Material 1

Mean (SD) number of incorporations (scored by the participants) into REM dreams, N2 dreams and daydreams of Major Daily Activities, Personally Significant Events, and Major Concerns from the 10 days log reports (top table) and from the day of entering the sleep laboratory (lower table)

	REM dreams n=30	N2 dreams n=25	Daydreams n=29
Major Daily Activities (previous 10 days)	0.55 (0.43)	0.48 (0.39)	0.47 (0.39)
Personally Significant Events (previous 10 days)	0.30 (0.25)	0.27 (0.21)	0.26 (0.30)
Major Concerns (previous 10 days)	0.23 (0.24)	0.31 (0.33)	0.32 (0.49)

	REM dreams n=30	N2 dreams n=25	Daydreams n=29
Major Daily Activities (previous day)	0.53 (0.57)	0.60 (0.76)	0.59 (0.78)
Personally Significant Events (previous day)	0.20 (0.48)	0.28 (0.54)	0.28 (0.53)
Major Concerns (previous day)	0.20 (0.48) ^a	0.32 (0.48)	0.48 (0.69) ^a

Notes. Incorporations are per daily log. Sample sizes differ from the other tables due to one participant not completing correspondence scores, participant had reported one N2 dream and one daydream. ^{aa} means differ p=.018