**Supplementary table**

Correlations between subjective and objective sleep measures

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **PSQI sleep duration** | **Daily1 sleep duration** | **Efficiency** | **Duration** | **Latency** |
| **PSQI** | **-0.57\*\*** | -0.07 | -0.07 | 0.08 | 0.002 |
| **PSQI sleep duration** | \_\_\_ | \_\_\_ | -0.05 | **0.28\*** | -0.02 |
| **Daily sleep1 duration** | **0.43\*\*** | \_\_\_ | -0.13 | **0.71\*\*** | -0.03 |

1 derived from sleep logs; \*p<0.05; \*\*p<.0.001.