

Supplementary Table 1

Respondents' membership of 15 listed online support groups, and other groups

Surviving Antidepressants	360	https://www.survivingantidepressants.org
Cymbalta Hurts Worst	268	https://www.facebook.com/groups/Cymbaltahurtsworse
Effexor – Tapering, Discontinuance Syndrome and Protracted Withdrawal	164	https://www.facebook.com/groups/effexorsupportgroup
Mirtazapine, Support, Withdrawal, Recovery	114	https://www.facebook.com/groups/324433844869045
SSRIs/Antidepressants Withdrawal Support	113	https://www.facebook.com/groups/204732929546136
Let's Talk Withdrawal	97	https://www.letstalkwithdrawal.com
Antidepressiva Forum Deutschland *	63	https://adfd.org
Life Beyond SSRI/Antidepressants	43	https://www.facebook.com/groups/103788426372995
Cymbalta Survivors Support Group	42	https://www.facebook.com/groups/cymbaltasurvivors
Protracted Withdrawal from Antidepressants	39	https://www.facebook.com/groups/1103490306360966
Effexor Education & Support	34	https://m.facebook.com/groups/485637258294240

Sertraline & Withdrawal Symptoms Group	29	https://www.facebook.com/groups/1565207600363685
Paxil, Paroxetine, Serotax.. The Truth in Getting of Safely	27	https://en-gb.facebook.com/groups/127583113994251
Effexor, Venlafaxine Support & Discussion Group UK	24	https://www.facebook.com/groups/461708671062633
Getting off Effexor – The Road Back	17	https://m.facebook.com/groups/366429710073636
Amitriptyline – Usage & Withdrawal	13	https://www.facebook.com/groups/Amitriptyline
Lexapro: Support, Withdrawal, Recovery *	13	https://www.facebook.com/groups/1561911910508981
Lexapro Should be Illegal *	11	https://en-gb.facebook.com/groups/848471385200683
Inner Compass Withdrawal Project *	11	https://withdrawal.theinnercompass.org
Zoloft Should be Illegal *	10	https://en-gb.facebook.com/groups/792517227522030

*Not one of the 15 groups listed in the survey; reported by respondents as ‘other’ group

Respondents could tick more than one of the list of 15 offered. Furthermore, 223 reported membership of other online support groups for antidepressants or for psychiatric drugs in general, most frequently Antidepressiva Forum Deutschland [<https://adfd.org>] – 63. ‘Other’ groups with more than ten members represented are included in Supplemental Table 1.

